



## 29<sup>th</sup> Annual Junior Adaptive Sports Camp

August 13 & 14, 2015

11:00 AM – 1:00 PM

Southwestern College

900 Otay Lakes Road – Chula Vista, CA 91910

The Lions of District 4-L6 will be participating for the 4<sup>th</sup> year providing lunches for approximately 150-200 athletes and volunteers (ages 4-18). We need volunteers and monetary donations to help with this event. Contact 2<sup>nd</sup> VDG Neil Seefeldt, Jr. at [jr65015@yahoo.com](mailto:jr65015@yahoo.com) or (619) 869-2327 for further information or to volunteer. You can also check out the Adaptive Sports website at [www.adaptivesportsandrec.org/camp](http://www.adaptivesportsandrec.org/camp).

The Annual Junior Adaptive Sports Camp is entering its 29th year, this unique summer camp features *five days, fifteen different sports and unlimited fun!* At camp, the athletes are teamed with committed volunteers with a passion for adaptive sports to learn the fundamentals of many sports, improve their existing skills, and develop new skills. Junior Adaptive Sports Camp provides the “team experience”, boosting self-esteem, enhancing self-confidence, and most importantly, exposing them to various adaptive sports they can continue to play throughout the year!

Any camper ages 4-18 with a physical disability (i.e. spina bifida, amputation, cerebral palsy, muscular dystrophy, dwarfism, or any other orthopedic and neuromuscular impairment! **Campers do NOT need to use a chair for daily living to attend.**