



# LIONS DIABETES AWARENESS WALK

6<sup>th</sup> Annual, District 4-L6

*Sunday*  
**NOV 19TH**  
**2017**  
**7AM-1PM**

### PRE-PAY / DONATIONS MAY BE MADE ONLINE:

1. Go To: [www.lionsdiabetesawareness.org](http://www.lionsdiabetesawareness.org)
2. Under "More...", Click "Online Registration/Sponsor/Donate"
3. Fill form and "SUBMIT"
4. Click "Donate" and proceed

You may also make checks payable to:  
**SAN DIEGO LIONS SCHOLARSHIP FOUNDATION**  
(our Fiscal Sponsor)

Mail to: Lion Diabetes Awareness Walk  
1341 East 8<sup>th</sup> Street, Suite A  
National City, CA 91950

**JOIN US**  
**REGISTRATION**

**BEGINS**

**AT 7:00AM**

**\$20 (Pre-paid)**

**WALK STARTS**

**AT 9:00AM**

Short Program to follow

**"GAZEBO R1"**

**ROHR PARK**

4548 Sweetwater Rd.  
Chula Vista, CA 91910

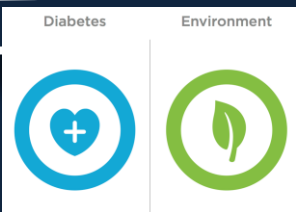
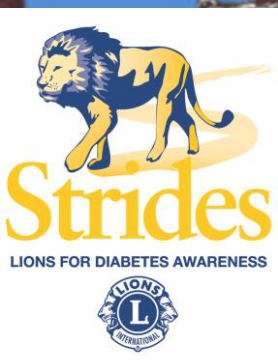
**Park at Lot B**

(From Sweetwater Rd, enter Park  
across Evergreen Rd, Cresta Verde  
Ln or Orchard Hill Rd)

### CONTACT FOR INFO:

**Dr. Ceferina Ruiz, MD**  
(619) 581-1051  
[cmprmd@aol.com](mailto:cmprmd@aol.com)

**Dr. Myrna Lazaga DMD**  
(619) 477-0570  
[drlazagafightdiabetes@gmail.com](mailto:drlazagafightdiabetes@gmail.com)



- **Potluck Luncheon** (Bring Diabetic-friendly food)
- **ZUMBA!**
- **Plant Exchange!** (Bring a plant to get a plant)