



# 100 SIMPLE SERVICE IDEAS

## Youth

- Organize a community event to promote activities like safe cycling
- Collect and donate clothes for a home for boys or girls
- Paint a playground involving local youth
- Host a wellness and nutrition day advocating healthy living habits for the young people in your community
- Donate books to a school library
- Host a dance or youth social at a community center
- Organize a clothing drive to provide young people with formal gowns and suits for school dances
- Host an alcohol/drug awareness seminar in the community
- Host a game night for local youth to promote healthy social events that don't involve drugs or alcohol
- Donate computers to a school or library
- Tutor at an after school program
- Volunteer with youth at a senior center or local food pantry
- Organize a job fair to help young people identify their career goals
- Plant a garden at a school
- Host a speech contest in your community
- Organize a college visit day
- Provide a diversity awareness training to educate youth on global culture
- Implement a reading program at a school or library
- Organize a health fair or seminar at a local school
- Schedule a visit to a local fire or police station
- Organize a ceremony to recognize outstanding youth in your community
- Mentor a youth
- Host a seminar on social media safety
- Clean-up a local park or school and include youth
- Volunteer with local youth at a special needs camp

## Health/Nutrition

- Volunteer at a clinic or hospital
- Make/donate hygiene kits to homeless shelters
- Invite healthcare professionals to a community-wide event to demonstrate proper hand washing
- Donate blood at a medical clinic/hospital
- Plant a vegetable garden where local residents can grow their own food
- Prepare and deliver food baskets to families in need
- Collect/provide clean water to elderly members in community
- Create a cookbook of easy to make, nutritious recipes and distribute in the community
- Volunteer at a food bank/soup kitchen
- Collect food to replenish a local food pantry
- Prepare sandwiches for homeless/street children
- Arrange transportation services to a doctor appointment or grocery shopping for persons who are blind/visually impaired
- Collect items to include in care packages and send to military personnel
- Host a seminar on nutrition in your community
- Host a fitness day
- Donate nutritious snacks to an after school program
- Host CPR training at a local community center
- Work with local health professionals to provide free vision, hearing and diabetes screenings
- Host a picnic or BBQ at a park for local community
- Work with local medical personnel to administer free HIV tests
- Cook or deliver meals to needy residents
- Help provide immunizations
- Assist medical professionals
- Provide dental/medical check-ups
- Host a community walk

## Children

- Make hygiene kits for children at an orphanage
- Work with healthcare professionals to provide free immunizations
- Make baby supply kits for newborns in need
- Read to a child
- Collect/donate coats for needy children
- Donate toys to a local children's hospital
- Host an arts and crafts day at a local center or church
- Organize a beep baseball tournament
- Have a play day at an orphanage
- Assemble school supplies
- Host a music day at a local center or church
- Repair furniture at a school
- Provide snacks for children in childcare facilities
- Volunteer at a camp serving children with special needs
- Have children make cards and write letters for military personnel
- Provide ID bracelets to children
- Donate backpacks to school children
- Host a fishing derby for blind/visually impaired children
- Donate shoes to an orphanage
- Work with children ages 3-5 to prepare for kindergarten
- Build a wheelchair access ramp for disabled children
- Donate a Braille machine to a school or library for the visually impaired
- Donate books to a school
- Repaint/repair a playground
- Host a community sports day for children

## Environment

- Raise awareness about eco-friendly lifestyle choices
- Plant a tree
- Organize a community-wide bike to work/school day
- Collect recyclables in the community and take them to a recycling center
- Plant a flower garden at a senior home
- Clean up a park
- Clean the yard of elderly residents in the community
- Volunteer at a recycling center
- Clean a community center
- Organize a carpooling campaign
- Recycle books
- Construct bird feeders for a senior home or school
- Clean a highway
- Donate recycled paper goods to a food pantry or soup kitchen
- Install energy efficient light bulbs at a school or community center
- Recycle items such as phones, computers and printer cartridges
- Clean up a local body of water
- Host an environmental seminar in your community
- Clean up a vacant lot or parking lot in your community
- Host a beach clean-up
- Create compost in your own backyard by mixing food scraps and leaves with the soil and letting them decompose
- Recycle plastic shopping bags
- Raise awareness about harmful substances in homes and the community
- Organize a project to protect endangered animals or plants
- Organize a nature walk