



# Hustle S'more for Lions Camp

5K walk/run • 10K run • 15 mile bike ride • 1 mile donut dash

The 5K walk/run, 10K run, & 1 mile donut dash are on the beautiful nature trails of the Wisconsin Lions Camp.

The 15 mile bike ride starts and ends at Camp and takes you through the rural countryside.

5K & 10K courses are certified (WI-11021-DM)  
Courses are posted on-line

5K, 10K, & 15 mile races will be chip-timed

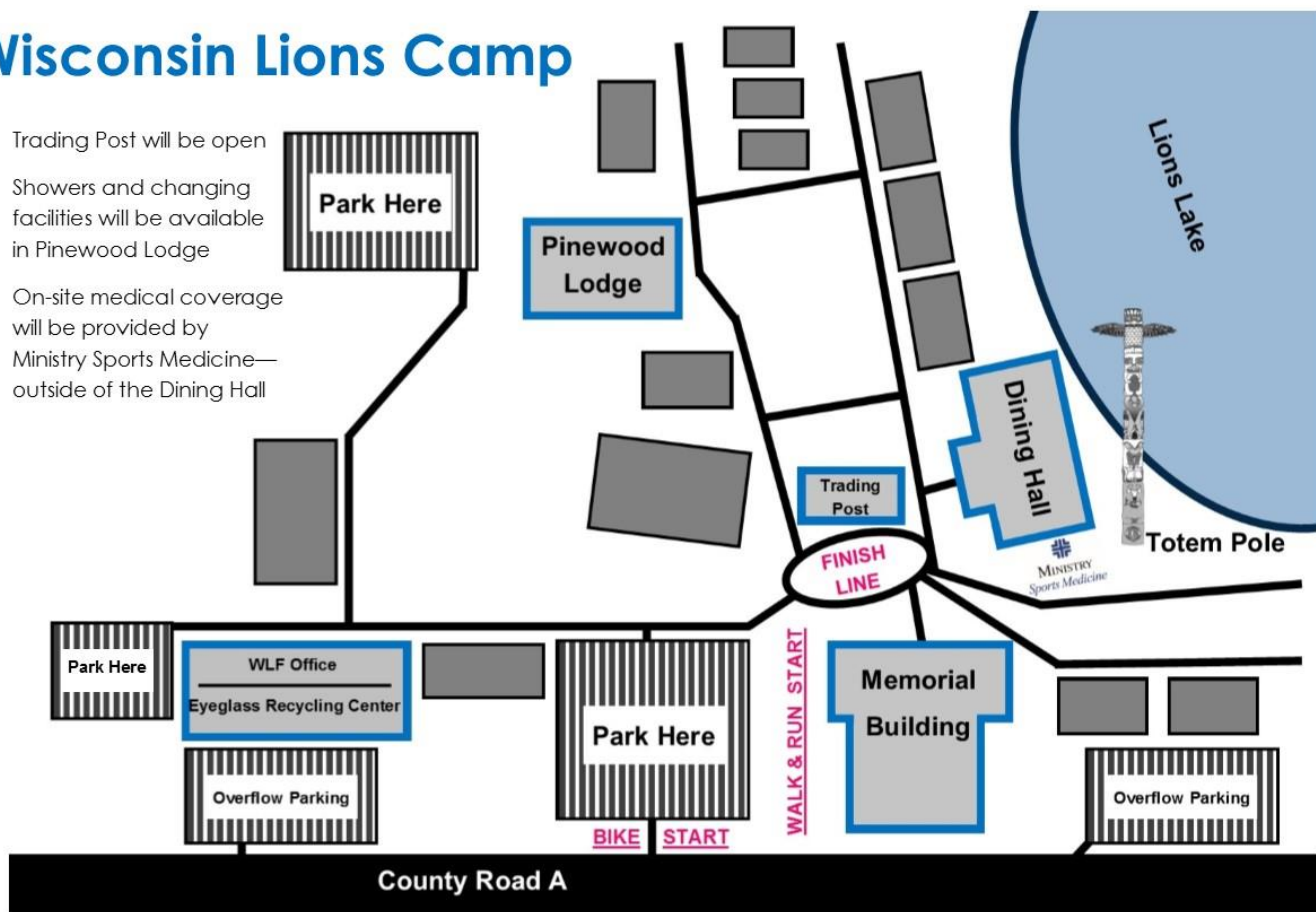


**August 18, 2018**  
**Rosholt, WI**

All proceeds support our summer Camp program that provides a free camp experience for Wisconsin youth and adults with disabilities.

# Wisconsin Lions Camp

- Trading Post will be open
- Showers and changing facilities will be available in Pinewood Lodge
- On-site medical coverage will be provided by Ministry Sports Medicine—outside of the Dining Hall



## Schedule of events:

- 8:00 am—Registration and check-in starts outside of the Dining Hall
- 8:00 am—Pre-race refreshments will be available in the Dining Hall
- 9:00 am—Bike race will start
- 9:30 am—10K will start
- 9:45 am—5K will start
- 10:00 am—Donut Dash will start
- 8:00 am up to Award Ceremony—Snacks for participants will be available in the Dining Hall
- Award Ceremony will start after all races have finished (Approx. 12:00 pm)

## Age Groups:

- 19 and under, 20-29, 30-39, 40-49, 50-59, 60-69 and 70 and above

## Awards:

- Medals will be awarded to the top three male and female finishers overall and to the top three male and female finishers in each age group.
- Prizes for the top three individuals and team who collected the most in donations by the day of the race.