



5M3 Lions Den

March 2021
Edition 12 Volume 8

www.lionsclubs.org

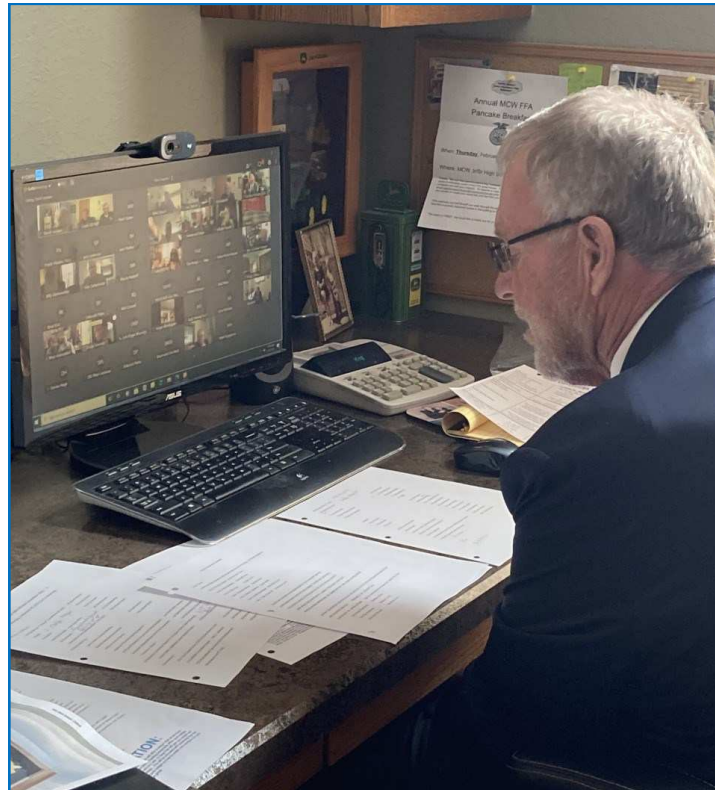
www.e-district.org/sites/5m3/

Lions Den District 5M3



5M3 MID-WINTER CONVENTION! 2021

BRINGING GROWTH TO LIONS!



A successful 5M3 Mid-Winter Convention was held virtually Feb. 20, 2021. As this was a first, there was more than a little apprehension coming into it. DG David led the convention with only a couple minor glitches that were quickly resolved. Speaker ID Billy Blankenship gave a rousing talk, followed by a somber reading of Lions' names we lost during the past year by PDG Wayne Radloff. The 2023 convention location was voted to return to Fairmont Holiday Inn. Elections went smoothly. VDGE Gordon Mulder was voted in as DGE and Lion Bill Martin of Luverne Lions Club as VDGE. The convention ended with DG David virtually passing the gavel to VDGE Gordon. Great job DG David, PDG Don and VDGE Gordon and everyone who "attended". Let's get together next year in Marshall with record-breaking attendance!

District Governor:

Lion David Janssen
105 Swanson Dr
Sherburn MN 56171

davidjanssen1947@hotmail.com

VDGE:

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1631 175th St
Luverne MN 56156

gordonmulder@yahoo.com

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ka1tiu@iw.net

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507-847-3126

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Morgan MN 56266
507-227-1712

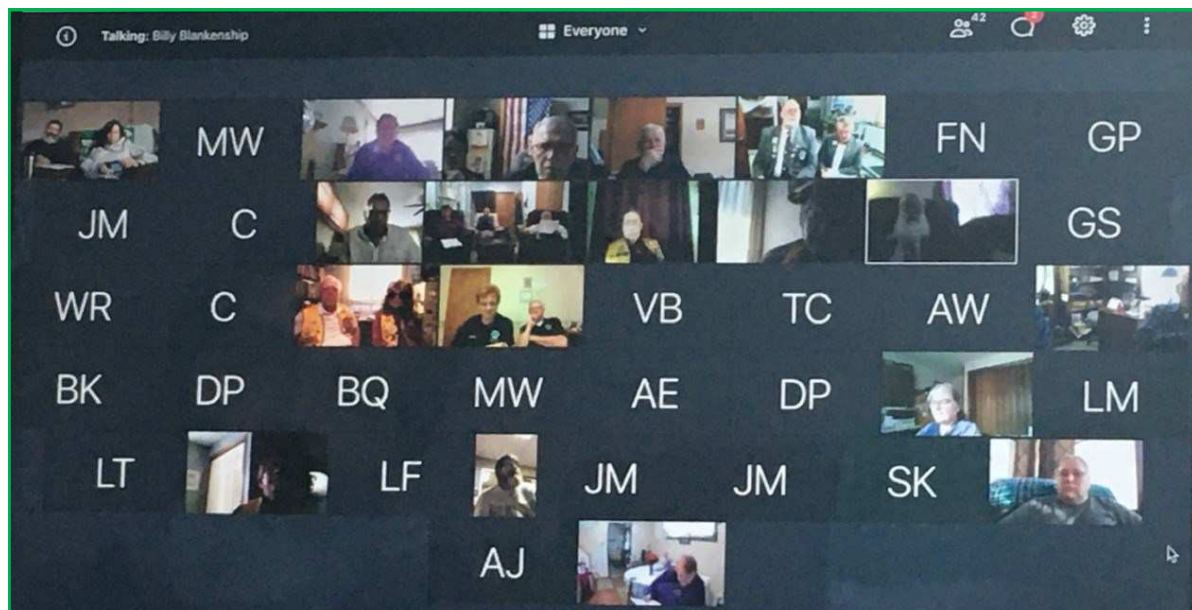
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5M3 District Governor

~David Janssen~

Greetings Lions Of 5M3

We have a new District Governor Elect Gordon Mulder from the Luverne Lion's Club. We wish DGE Gordon a great year and for good things to happen in 5M3.

Also, we have a new First Vice District Governor Elect, Bill Martin also from the Luverne Lion's Club. Congratulations Gordon and Bill. We wish you two the best in the coming year. The Mid-Winter Convention was held on Saturday the 20 of Feb. The attendance of the convention was about 40 members which was very good.

The Convention went very smooth with no big technical problems. International Director B.J. Blankenship gave a nice speech about Lions Clubs and how to improve membership and what works for their Lions Club. Appreciation Awards were given to Zone Chairs, Service Awards given Cabinet Secretary Diana Kuehl, Cabinet Treasurer Denise Nelson, Appreciation Award to 5M3 Newsletter Editor Lisa Saner. District Governor Award Outstanding Leadership to Don Kuehl. Certificates of Appreciation to Lion Doug Rosenberg, Lion Rex Wolhuter, Lion John Tirevold. Appreciation Awards were also given to Lion Mark Walter, Lion Daren Saner, Lion David Nelson, Lion Rex and Kathy Wolhuter, Lion Doug Rosenberg.

Lion Galen Engholm from the Morgan Lions Club is receiving a Senior Master Key & Medallion for sponsoring 25 LIONS during his career as a LION. Lion Gaylen has received the Melvin Jones Award, MD5M Hall of Fame, 34 years of perfect attendance for every year he has been a Lion. Good spokesman for Can-DO Cannies, Club President twice, membership chair twice, working at Farmfest every year selling's tickets at the gate. He has been a member of the Morgan Lion's Club for 34 years. Congratulations Gaylen!

Welcome to the world of technology, we can do zoom meetings, go-to-meetings, webinars and many different ways to have meetings and Conventions. One Saturday I went to two Mid-Winter Conventions, 5M1 and 5M7 and didn't have to leave the house. It was very interesting to see what other Districts have to say, and how they do their Convention. By the time you read this 5M3 would have had their Mid-Winter Convention in the virtual form. It was a learning experience about how the Lions of 5M3 operate.

2021 MD5M Convention Updates 2.11.2021 – All Virtual Convention District 5M2 would like to invite you to the 2021 MD5M convention "Bend in the River III - Join the Jamboree" in Mankato, MN, May 1, 2021. At this time, our committee is planning an all-virtual convention to give all members the opportunity to join us for the weekend. Registration will be free. A more in-depth letter will be emailed to all clubs in MD5M by the end of February.

2021 Lions Clubs International Convention moving to a virtual Event June 25 - June 29 Due to the continuing concerns about the coronavirus (Covid-19) pandemic, the board of directors voted to transition the 2021 Montreal Lions Club International Convention to a virtual event that will be delivered totally online. This decision was made with health and safety of our Lions, staff and vendors in mind as limiting international travel and large gatherings is key to global containment strategies. Here are some important details about the 2021 Convention I would like to share with you. The 2021 convention will be a virtual event that's open to all lions and Leos around the world.

The registration fee will be 50 dollars until March 31, then 75 dollars beginning April 1.

The 45th Annual USA/Canada Lions Leadership Forum is from September 9 - 11 in Des Moines Iowa. It will offer a unique style as we move forward in our endeavor to create better leaders and educate you on building leadership within your multiple, district and club membership. We will feature over 70 seminars in 2 and 1/2 days that will give your insight and guidelines to develop your growth as a leader in Winning Ways. You will be educated with leadership tips that will personally make you a great leader. And you will be given insight on how to create new members for your clubs in the art of speaking the right language to any age group

I would like to thank everyone that tuned to their first on-line convention. It is maybe a new normal for this year. The mid-winter convention committee thought this would be the best and safest way to do the convention and have a better turnout. All the other districts in the Multiple also went with virtual conventions. This year has been interesting to say the least. 5M3 Membership is down about 60 members. The loss of Walnut Grove Lions Club, Hills Lions Club has been a large percentage of loss of members. With Lions Clubs not meeting and not doing service projects has been hard on the Lions of 5M3. Financially it has been rough on the Clubs to keep going with no income coming in. Dues have to be paid and commitments have to be met. Some of the clubs have received some financial help. Some of the different grants that were available help out some of the Lions Clubs that were struggling. Don't be afraid to talk your county officials. We need to find ways to bring the membership back up. The district will work with the NAMI Program to help out membership and recruit new members and new projects. Don't be afraid to step out of your comfort zone and ask people to join the Lions and continue the great things the Lions of 5M3 are doing. We will be also working with the Global Leadership Team to see if can help the clubs that struggling with the numbers of the members. Things are looking better down the road. Let's see if we can improve the number of Lions we have in 5M3. The second half of the year should be better than the first half. I thank you for attending The 5M3 LION'S VIRTUAL MID-WINTER CONVENTION.

Following positions are open for the upcoming year. It would nice to get them filled as soon as possible:

2 VDG

Global Service Team - Dan J. done

MN Lions Diabetes Foundation - Dan J. & John M. done

International Exchange

Public Relations

Special Olympics - Rod S. done

Dental Initiative - Dan S. done

District Governor did one Lion's Club visit about two weeks ago and it went very well. Everyone was social distancing and masks were being used.

If any club wants to schedule a visit with the District Governor just let me know. I do have two visits on the calendar coming up.

That is, it for now, Have a great day. Ask someone to be a LION today.

BRINGING GROWTH TO LIONS
DG David J.



District Governor Elect

~Gordon Mulder~

From the desk of now DGE Gordon Mulder, a look back -- a look forward.

As I write this, it is after the mid – winter convention. This morning I woke up a little anxious and nervous about the upcoming convention and officer vote. And now I'm a little nervous and anxious about the coming year and all of the expected formalities. A little terrified, but a little eager to get on with it all.

Covid is still in the news. Vaccines are coming. People are getting tired of social distancing, and I have to warn and cajole – easy now, just a little longer, we have held covid back a little for now and if only we can do that a little longer..... Other years this would be prime flu season, but not now. Maybe the distancing and masks are helping more than just keeping covid from getting completely out of control. The parade of green at the convention was a little less than other years, but then not all of the monies were turned in quite yet. Thanks to the clubs for giving to the district projects. There is always a little more to give. Not just club wise, but also personally. The different foundations can use your donation. Vision quest, hearing, leader dog, diabetes, and LCIF, and the other projects can always use an extra donation. LCIF is having a tell-a-thon on April 11, 2021 to raise more dollars for their "Campaign 100" fundraiser. If you contribute 27.5 cents per day for a whole year, the total amount will be just over \$100.00. The good that LCIF does worldwide with grants is amazing. It is a good day to be a Lion. Work with pride with the Lion Pride.

Lion Gordon Mulder



LET'S DO THIS!!!

1. **Donate \$20 or more to Campaign 100 Tell-A-Thon**
2. **Create/Implement a plan** to get 100% of your Lions to donate to the **Campaign 100 Tell-A-Thon**
3. **Spread the word** far & wide for Lions, family/friends & prospective Lions to watch the live **Campaign 100 Tell-A-Thon** on [YouTube](#), Sunday, April 11th from 5-9 pm EDT (New York)



4. **Share your success stories** to pdg10jen@hotmail.com & you might see them in pre-event promotion or during the live event
5. **Download Team App & join the Lions Virtual Team** for all the latest news & links (instructions attached)

TELL-A-THON OVERVIEW

Sunday, April 11, 2021

5-9 pm EDT

View on YouTube Live

<https://youtu.be/hC-s5yXPgeo>

EVENT HIGHLIGHTS

- Emcee: LCI VP Doug Alexander
- Music & Entertainment
- Special Guests
- Inspiring stories

GOAL

- Raise awareness among Lions & prospective Lions about the impact LCIF has across the US & Canada
- Raise funds for Campaign 100 to further our service
- Challenge every Lion to donate \$20 in support of LCIF Campaign 100

DONATE NOW

- 100% of donations go to LCIF Campaign 100



United States:

givetoday.lionsvirtual.org



Canada:

lionsofcanadafundforlcif.ca/

[GiveToday](#)

QUESTIONS

PID Jenny Ware, Campaign 100 Vice Chair - CA1

pdg10jen@hotmail.com

906-399-8214



IT'S TIME FOR CLUB ELECTIONS!!

The Lions Year runs from July 1 to June 30, but your new officer listing **NEEDS TO BE SENT TO LCI BY MAY 1.**

TO DO LIST:

- Hold your club elections
- Secretary, enter clubs PU-101's into LCI—this is how officers get listed in new directory and receive needed information from LCI.
- List **e-mail addresses** for Officers in PU-101 so they receive newsletter.
- Have new officers attend Officer Training (watch for future dates)
- July 1st, new officers begin their year (or more) of service.

NAMI – NAMI – NAMI

Greetings Lions of 5M3. Just completed our first ever virtual Mid-Winter Convention. While it worked, I think everyone would agree we missed the "in person" experience of the convention. Hopefully, this will be a "one and done" episode. To give you all a little recap, we had 14 clubs on the call, with 44 Lions members from 5M3, and 40 voting delegates from those clubs. Congratulations to DGE Gordon and 1VDGE William Marten. You both will do a super job. Membership in 5M3 continues to slide, as of the end of the month we are at 1054 spread over 36 clubs in the District. We can make the excuse that COVID is to blame, **BUT**, some Clubs added members this past year. I would like to lift up those Clubs that added members: Granite Falls Lions, 1 new member; Jasper Lions, 2 new members; Marshall Lions, 1 new member; Sleepy Eye Lions, 2 new members; Tracy Lions, 2 new members; Windom Lions, 2 new members, and Wabasso Lions added 3 new members. Congratulations to those clubs showing us that getting new members can be done even with COVID shutting down activities. I want to continue to encourage all Clubs Presidents to keep communications open with your members, continue to search out new service projects on your communities and to continue doing your current service projects. The International Director, Lion B.J. Blankenship, that spoke during the convention sent to me a "Membership Program" that has worked in his District. It is how to plan and implement a "New Members Night". Lots of good information and it will help any club that is interested in doing a new members night to gain members. If any Clubs are interested in this program please let me know, I will forward this information to you by email. Jackson Lions and Sherburn Lions are meeting tonight, so hopefully more of the Clubs will be getting back to in person meetings. I encourage you to consider meeting again soon but do so safely. Thanks for all you do, your efforts make your communities better places to live. Remember, "We Serve".

IPDG Donald E. Kuehl



This month I am going to tell you of the partnership of Bella and Blaine. Very interesting story of how her assist dog and she are doing.

Bella Andrade and Blaine:

"She's granted me so much independence, it's unbelievable," Bella said. Bella was diagnosed with Spinal Muscular Atrophy when she was just a toddler. She's now a senior in high school but has spent most of her life in a wheelchair, waiting for others to help her. She didn't like to be home alone or go out on her own because of it.

"I relied a lot on my parents and my brother, who is amazing," Bella said. She needed help opening doors and drawers and when she dropped things, which was often, she says. But all of that changed in 2017 when Blaine arrived from [Can Do Canines](#). "Can Do Canines really helps people with disabilities become more independent so that they can be who they really want to be," Bella said.

For Bella, that means going off to college, far away, at Arizona State University. A biology major on a premed track, she says. And Blaine has given Bella the confidence to achieve that dream-- oh, and mom too. This is what kids her age do and I'm glad she feels empowered and comfortable to do that," said Bella's mom, Melissa Andrade.

Can Do Canines was started right here in Minnesota and has certified over 750 teams since it began. That is a whole lot of lives like Bella's changed. I think it's so cool that so many people will get the opportunity to have a dog and become the best version of themselves. On Saturday the Fetching The Ball Galla was held and we will be doing the winter graduation on the 13th of March. You can join the ceremony on You-Tube. As usual it is always a satisfying experience to see the joy of the recipient as they receive their new dog.

If there is anything I can do for you or your club, do not hesitate to give me a call.

Can-Do-District Chair

Lion Galen Engholm 507-920-7129

HELP WANTED!!

CHAIRS NEEDED FOR:

- DIABETES FOUNDATION
- INTERNATIONAL EXCHANGE
- PUBLIC RELATIONS
- SPECIAL OLYMPICS
- Global Service Team
- Dental Initiative



CONTACT DG DAVID IF INTERESTED.

davidjanssen1947@hotmail.com

507-236-2480

MEMBERSHIP UPDATE

Dec 31, 2019.....1,129

Jan 31, 2021.....1,054

YTD Members Added: 15 YTD

Members Dropped: ... -74 YTD

Net Loss/Gain: -59

36 clubs

Retention is the key to keeping your membership numbers. You cannot run your programs without your members. Talk to them, see what keeps them and what makes them leave. Meet their needs.

Catch the Dream...
...a world without Diabetes!



& Catch some Ca\$h

A Minnesota Lions Diabetes Foundation cash raffle.

Minnesota Lions Diabetes Foundation will donate
net proceeds from this cash raffle toward research
to treat and cure Type 1 and Type 2 Diabetes.

10 Winning Prizes! Tickets \$10

2 \$1,000 winners 2 \$500 winners
2 \$200 winners 4 \$50 winners

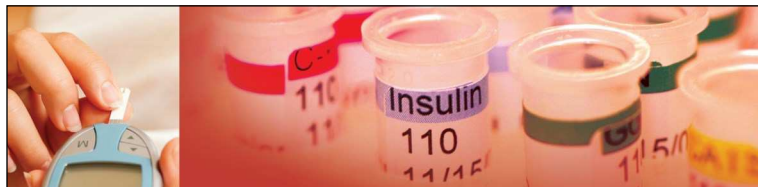
Minnesota Permit # X-93230-21-003

Drawing
MD5M Lions Convention
Mankato, MN
7:30 a.m. **Saturday, May 1, 2021**

Ticket holders not required to be present to win.
Winners will be notified.



Visit MnLionsDiabetes.org



Twelfth Annual Minnesota Lions Diabetes Research Update

Hosted by the University of Minnesota Foundation and Minnesota Lions Diabetes Foundation, Inc.

More than 29 million people in the United States are living with diabetes—a growing number that includes 340,000 people in Minnesota alone. Unfortunately, that number is on the rise.

Join us at the annual Minnesota Lions Diabetes Research Update to hear from University of Minnesota scientists, who are conducting leading-edge research aimed at both preventing and curing diabetes. Learn how these scientists, funded by the Lions Diabetes Research Foundation, are making a direct impact in our community, state, and beyond.

Thursday, March 18, 2021
6 to 6:45 p.m.

RSVP online at www.rsvp.umn.edu/Lions2021

Faculty Research Presentations:

- **David Bernlohr, Ph.D.**, Targeting Adipose Tissue to Treat Type 2 Diabetes
- **Brian Fife, Ph.D.**, Curing Diabetes by Stopping the Immune System
- **Michael Garwood, Ph.D. and Paul Wang, M.D./Ph.D. candidate**, Desktop MRI Oxygen Scanner for Assessing Islet Oxygenation in the Bioartificial Pancreas
- **Bernhard Hering, M.D.**, Transplants of Insulin-Secreting Islet Cells Without Anti-Rejection Drugs
- **Steve Koester, Ph.D.**, A Novel Breath Sensing Device for Early Detection of Diabetic Ketoacidosis

Please contact Caitlin Ochtera at ochte001@umn.edu with any questions.

You will receive an email confirmation, including a link to the virtual gathering, prior to the webinar.



MN Lions Diabetes Raffle, Win \$1,000

The MN Lions Diabetes Foundation is holding a Fund Raising Raffle. Tickets are \$10.00 each. Please mail a check made out to "MN Lions Diabetes Foundation" to Lion Bob Schirlinger, 801 N Payne St., New Ulm, MN 56073. Lion Bob will fill out the tickets for you and forward them and the money to the MLDF to be include in the drawing. Lion Bob will also send you the ticket stubs by return mail. The MLDF is dedicated to finding a CURE for diabetes by supporting Diabetes Research at the University of Minnesota. You will be helping to find a CURE and maybe become \$1,000 richer. You may also contact PDG John Myers for tickets at 507-849-7050.



2021 MD5M Convention

District 5M2 would like to invite you to the 2021 MD5M convention "Bend in the River III - Join the Jamboree" in Mankato, MN, May 1, 2021. At this time, our committee is planning a virtual convention to give all members the opportunity to join us for the weekend.

Registration will be free. Stay tuned for additional information for all via the MD5M website/conventions. A more in-depth letter will be emailed to all clubs in MD5M by the end of February.

Changes to accommodate an all-virtual convention have been made to the raffle room/silent auction, which is co-hosted by the MN Lions Childhood Cancer Foundation and the MN Lions Diabetes Foundation, to the Service of Remembrance, to /credentials and voting and to the annual Foundation meetings for Diabetes, Hearing and Vision.

At this time, we are still planning several great speakers, who will be available online for viewing at your leisure - Dr. Lucie Turcotte from Masonic Hospital on Children's cancer; Dr. Joshua Hou - Medical Director, Lions Gift of Sight and Dr. Bevan Yueh from MN Lions Hearing Foundation. Our scheduled International guest is Past International President Frank Moore. Frank was President in 2001-02 and has been our current LCI Executive Administrator and Secretary in Oakbrook for numerous years.

As plans change to accommodate a virtual convention, continue to watch for additional information in the next weeks and months via emails to your club secretaries, your district newsletters and via the multiple district website.

If you have ever wondered what happens during a Multiple District Convention, 2021 is the year to check it out - no travel or hotel costs needed and no registration costs! District 5M-2 hopes you will Join Us for the Jamboree at the Bend in the River III - MD5M 2021 Convention!

**Contact DG David Janssen to set up
a visit with your club!**

507-236-2480

Davidjanssen1947@hotmail.com



Early Identification By Newborn Hearing Screening

In 1999, the Lions Multiple District 5M Hearing Foundation established the first and only statewide screening program for the early detection of hearing problems in newborns.

With more than \$417,000 in contributions and a matching grant from the Lions Clubs International Foundation, WE created the Lions Newborn Hearing Screening Program.

This was an ambitious initiative designed to establish newborn screening, without state funding or mandate, in every birthing hospital in Minnesota. All newborns in Minnesota are now screened.

Thank you, Minnesota Lions!



P.S. Don't forget to award members of your club with a Hearing Foundation award.



The Lions Minnesota Lions Hearing Foundation expresses its gratitude to and honors individuals through the Lions Hearing Research Fellowship Award. A great deal of valuable research is carried out at the University of Minnesota in Minneapolis, Minnesota. These awards come from the donations of clubs through the 5M9 district projects. For every \$1000 cumulated (per club), an award can be given to an individual, business or group who the club designates. The award may be given to a Lion, but does not have to be so.

The club decides and then sends in an application to the Minnesota Hearing Foundation treasurer, whose information is listed on the form. The form must include the club applying for the award, the name or names of the recipient(s) and the address of the recipient(s). The club will receive the plaque and can then decide when to give it to the award winner.

The plaque is a lovely tribute for service to others, especially in the field of hearing health. Over the next few months, we will be describing several of the research grants that have been given out this year. We are sure you will find some of them interesting and informative.



Minnesota Lions Hearing Foundation Award

For more about the many services offered, visit our website: www.5mhf.org



Minnesota Lions Hearing

Foundation
Hearing Research Fellowship
Application

The Hearing Research Fellowship Award can be presented to a club member, family member or member of the community by a local club on behalf of the MN Lions Hearing Foundation. For every \$1000 donated to the Hearing Foundation, a Club earns one recognition award. Please consult with your District Hearing Foundation Trustee to determine how many club credits your club has earned.

Please PRINT

Club Name: _____ District _____

Person submitting Application: _____

Address where to ship recognition: _____

City _____ State _____ Zip _____ Phone _____

Contact email address: _____

RECIPIENT:

Name _____

Address _____ City _____ Zip _____

Please Check Appropriate Fellowship:

_____ **Individual Fellowship** = gift totaling \$1000 made by individual, Lions Club, or Lions District to honor someone as a Lion Hearing Research Fellowship.

_____ **Memorial Fellowship** = gift totaling cumulative \$1000 given in memory of a deceased Lion or individual.

_____ **Cumulative Fellowship** = accumulated gifts over time resulting in \$1000 donation. Fellowship plaque awarded upon cumulative \$1000 donated.

_____ **Progressive Fellowship** = gift to honor an individual who has previously been awarded a Hearing Fellowship Award.

Amount of donation: _____ Check # _____ Date _____

Please send completed application to PDG Mike Vos, Foundation Treasurer for processing.

Check Payable to: **Minnesota Lions Hearing Foundation**

Payment to: PDG Mike Vos, Foundation Treasurer
20472 371st Avenue, Green Isle, MN 55338

Please allow 30 days to process & ship award recognition

HELEN KELLER SAID:

I am just as deaf as I am blind. The problems of deafness are deeper and more complex, if not more important, than those of blindness. Deafness is a much worse misfortune for it means the loss of the most vital stimulus — the sound of the voice that brings language, sets thoughts astir and keeps the intellectual company of man.

5M3 MN Hearing Foundation co-chairs are:

Cindy LaBrie cynl@outlook.com 507-637-8267

Allen Struck allen@sbof.com 507-235-8655

SOME PEOPLE
LIVE AN ENTIRE
LIFETIME
WONDERING IF
THEY'VE MADE A
DIFFERENCE
IN THE WORLD—
LIONS DON'T
HAVE THAT
PROBLEM.





FOUNDERS TRIBUTE PLAQUE

Honor a club or individual club member for their consummate service, dedication and commitment to Lionism and Leader Dogs for the Blind with an engravable Founders Tribute Plaque. Also makes a wonderful award for a dedicated corporate sponsor or fundraiser.

Plaques are available in three levels - Bronze (\$500), Silver (\$1,000) or Gold (\$2,500). Along with their custom engraved plaque, award recipients receive a commemorative Founders Tribute pin and patch uniquely designed for each level.

Plaques can be obtained with a one-time donation or through cumulative donations within a single fiscal year.

Founders Tribute Plaque Order Form

Please check one level: ☐ \$500 Bronze ☐ \$1,000 Silver ☐ \$2,500 Gold

Inscription - Print legibly with one letter/character per space.

Line 1 _____ (40 spaces)

Line 2 _____ (40 spaces)

Line 3 _____ (40 spaces)

Where would you like your plaque mailed?

Name _____ Phone () _____

Address _____

Email _____

Club purchasing plaque: _____

Make check payable to Leader Dogs for the Blind and mail along with this form to:
Leader Dogs for the Blind, 1039 S. Rochester Road, Rochester Hills, MI 48307

For questions regarding Founders Tribute Plaques, please contact a Lions relations specialist at 248.659.5012

FOLLOW THE LEADER   
LeaderDog.org



TOP DOG CLUB AWARD

Every year, 75,000 people become blind or visually impaired. Your club has the opportunity to make a positive impact on the lives of people in your hometown, and across the U.S. and Canada, by joining with Leader Dogs for the Blind to help make people unstoppable.

"In every Leader Dog lies the heart of a Lion."

— LDB Client and PDG Len Quinn

By supporting Leader Dog's annual fund at a level of \$5,000 or more in a single fiscal year, your club will be recognized as a Top Dog Club. This elite group represents just 1% of all Lions clubs in the United States and Canada.

New for 2018 - Top Dog Club Awards are available in four levels:

\$5,000+ receives a Top Dog Club Award patch, club pin, recognition on website, social media, local press and LDB campus digital display board.

\$7,500+ receives all \$5,000 level acknowledgments plus one club member invitation to Lions Summer Visit.

\$10,000+ receives all \$5,000 level acknowledgments plus a Founders Tribute Plaque, two invitations to Lions Summer Visits and \$100 gift shop credit.

\$20,000+ receives all \$5,000 level acknowledgments plus a Founders Tribute Plaque, three invitations to Lions Summer Visits and \$200 gift shop credit.

Top Dog Club status can be attained through a one-time donation or cumulative donations within a single fiscal year.

Yes, our club wants to be a Top Dog Club. Here is our donation.

Name _____ Phone () _____

Address _____

Email _____

Club name: _____

For questions regarding how your club can attain Top Dog Club status, please contact a Lions relations specialist at 248.659.5012

FOLLOW THE LEADER   
LeaderDog.org



TRIBUTE MEDALLION

New in 2018!

Honor an individual club member for their consummate service, dedication and commitment to Lionism and Leader Dogs for the Blind with an engravable Tribute Medallion.

Medallions are \$350 each and are personally engraved on the back for the recipient. They come packaged in a two-sided frame appropriate for display or can be easily removed for wearing on a jacket or vest.

Medallions can be obtained with a one-time donation.

Tribute Medallion Order Form - \$350

Inscription - Print legibly with one letter/character per space

Line 1 _____ (7 spaces)

Line 2 _____ (10 spaces)

Line 3 _____ (13 spaces)

Line 4 _____ (7 spaces)

Where would you like your medallion mailed?

Name _____ Phone () _____

Address _____

Email _____

Club purchasing medallion: _____

Make check for \$350 payable to Leader Dogs for the Blind and mail along with this form to:
Leader Dogs for the Blind, 1039 S. Rochester Road, Rochester Hills, MI 48307

For questions regarding Tribute Medallions, please contact a Lions relations specialist at 248.659.5012

FOLLOW THE LEADER   
LeaderDog.org



Mission

Our mission is empowering people who are blind or visually impaired with lifelong skills for safe and independent daily travel.

Programs

Every year, we match 200 people with Leader Dogs, provide 100 people with orientation and mobility training, teach 24 teens leadership and travel skills, pair 6 people who are both deaf and blind with Leader Dogs, and pass on \$0 of the cost of these services to our clients.

Funding

Leader Dog operates entirely on donated funds. The continued success of the our programs depends on the generosity of our contributors and community funding sources around the world.

History

Leader Dog was founded in 1939 by three members of a Detroit-area Lions club who were unable to obtain a guide dog for a friend from any other source. The trio led the purchase of an old farmhouse in Rochester Hills, Michigan to house the training facilities. Since then, we have raised, trained and graduated more than 14,500 Leader Dogs.

Affiliation

We are a private, nonprofit agency. Though we are not affiliated with Lions clubs, Lions are a major part of our history and remain a significant part of our support and success.

If you need information or a program on Leader Dogs for the Blind, 5M3 chair is:

Deloy King deloyellen@yahoo.com 507-831-5706



PROJECT NEW HOPE



Military Family Retreats
at no cost to Veterans



"At Project New Hope, we are driven by our mission - to provide education, training and skills necessary to manage their lives after wartime service."



FOR MORE INFORMATION GO TO
WWW.PROJECTNEWHOPE.NET

2021 MINNESOTA RETREATS

JUNE 4-6
Audubon Center near Sandstone, MN
OCTOBER 8-10
Ironwood Springs Ranch near Stewartville, MN
DECEMBER 3-5
Inspiration Point near Clitherall, MN

5M3 Project New Hope Co-Chairs are:

Larry Muenchow lmuenchow@hotmail.com
507-626-0185

Sue Muenchow smuenchow312@gmail.com

The district **Public Relations Kit** is available for clubs to use for special events and fundraisers. If your club would like to arrange to use a kit, please contact:
Lion Lisa Saner 507-227-7685 or
lions5m3@hotmail.com



THANK YOU!!!

2020-2021 District Childhood Cancer Service Project:

THANK YOU to everyone who helped make The District Childhood Cancer project such a SUCCESS! Thank you for your donations, help tying, and transporting the blankets. It takes many to make a project like this such a success. And you have done just that!.. So THANK YOU SO VERY MUCH!

The District Lions clubs and individuals donated \$3075.00 for the purchase of blanket kits. 328 kits were purchased. That is a cost of \$9.38 per blanket. 44 additional blankets were donated. That brings the total to 372 blankets that will be donated to the Children's Cancer Hospital for the 2020-2021 District Service Project. Once again THANK YOU EVERYONE. You are awesome!

Lion Diana Kuehl
District Project Chairman



Several Lions members have asked if they could purchase one of the Childhood Cancer blankets. The answer is yes you can purchase a blanket for a donation of \$25.00.

If you wish to purchase one of the blankets, please contact PDG Donald Kuehl or Lion Diana Kuehl at 507.847.3126 or ddkuehl@msn.com to let us know if you want a blanket for a girl, a boy, or a blanket that would work for either a boy or girl.

We will need to arrange pickup, and your check should be made payable to : District 5M3 . In the memo, please note Blanket purchase.

Club Sponsor Page

To have your Club listed on the sponsor page, send your **\$40.00** to District Treasurer,

Denise Nelson at 405 S St, Morgan MN 56266
Memo line: Newsletter Sponsor.

NOTE: Clubs can be sponsored in more than one box.

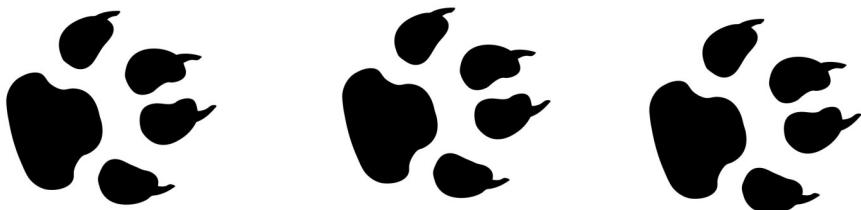
5M3 HAPPENINGS



Four District Governors together in Sherburn for club visit:
DG David Janssen, DGE Gordon Mulder, 1st DGE Bill Martin, IPDG Don Kuehl



DG David J presents the Lion's Presidential Award to PDG Dan Jones. This award is reserved for Lions who distinguish themselves through exemplary service that significantly strengthens their community or our association. PDG Dan has taken great pride in helping the Lions of 5M3



5M3 HAPPENINGS



15 year certificates of Lions Membership to Sherburn Lions Paul Markquart and Terry Wagenman



Sherburn Lion John Tirevold receives Appreciation Award in Recognition of Exceptional Accomplishment from DG David J



Sherburn Lion Doug Rosenberg receives DG Supporting Lion Award from IPDG Don K



DG David presents Certificate of Appreciation to Lion John Tirevold of Sherburn Lions Club



DG David presents Certificate of Appreciation to Lion Doug Rosenberg of Sherburn Lions Club



DG Supporting Lion Award to Lion Rex Wohlhuter from Sherburn Lions



IPDG Don K presents DG Supporting Lion Award to Sherburn Lion Rex Wohlhuter.



DG David J presents award to IPDG Don Kuehl for Outstanding Leadership and Devoted Services for his year as District Governor.

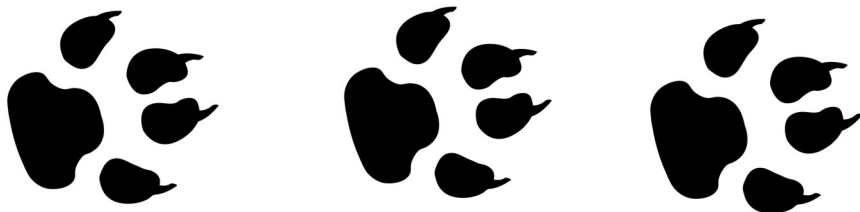
5M3 HAPPENINGS



Hadley Lions Club, along with other local businesses donated \$2,000 for playground equipment at Rupp Park in Slayton. Slayton Mayor Miron Carney and the city council proclaimed February 2 “Day for Kids”.



Above: District 5M3 virtual cabinet meeting was held Feb. 19, 2021, the evening prior to Mid-Winter Convention.





Service Ideas for Lions of 5M

2-7-2021 Updated

Here are projects that Lions can do in the 5 keys areas of service along with a few other ideas:

Vision –

- **Collect used eyeglasses** – give to your MN Lions Vision Foundation Trustee
- **Do KidSight Screening**
- **Donate large print books** to your local library. Put donation labels (Donated by the _____ Lions Club with the month and year) in large-print books that are donated to local libraries. (Check with libraries first to see what books they want to acquire.)
- **Help make tactile baby blankets** for babies who are blind or visually impaired, including those with multiple disabilities or deaf blindness. <https://www.pathstoliteracy.org/blog/tactile-baby-blankets>. Donate locally, if needed, or to Perkins International. <https://www.perkins.org/>
- **Construct a Sorry game** for visually-impaired seniors at a nursing home. <https://www.perkinslearning.org/activity/adapted-sorry-board-game>
- **Adapt Connect Four** to be played by those who are visually-impaired at a nursing home: <https://www.pathstoliteracy.org/strategies/adapting-connect-four-players-visual-impairments>
- **Low vision kits** - Create kits for people who have been recently diagnosed as low vision or who are blind: <https://carroll.org/product/mixed-bump-dots/>
<https://carroll.org/product/marinoff-low-vision-playing-cards/>
<https://carroll.org/product/bold-writer-low-vision-pens/>
<https://carroll.org/product/plastic-check-writing-guide/>
<https://carroll.org/product/2x-around-the-neck-magnifier-rectangular-5-5-x-4/>

These kits can be given to Lions members to begin with and then to people who are identified in the community.

Environment-

- **Recycles plastic bags and plastic packaging** – get a free bench for your community. <https://www.trex.com/recycling/recycling-programs/>
- **Donate your newspapers and magazine** to others instead of throwing in the garbage.
- **Make a decorative Winter container garden** or a container garden that feeds the birds. A Lions Club can partner with a local nursery and funds raised will be used to support the Lions' environmental projects.
- **Bird Feeders** - Make a variety of treats that will feed and sustain birds and wildlife throughout the winter including bird feeders using cookie cutters; suet-filled orange halves; popcorn and cranberry garlands, and more. These could be made at a Lions meeting just for the Lions or do a community event so more birds are fed in the community.
- **Collect used blue jeans**, wash them, and then cut out pieces using patterns supplied by Sole Hope. The pieces are assembled into "shoe kits" and then shipped to Sole Hope who then sends them in Uganda. In Uganda, seamstresses and cobblers create shoes that are given to children who suffered from jiggers and were treated for them. Jiggers are tiny parasitic insects that burrow into the feet, lay eggs that multiply greatly in size. They can cause pain, itchiness, swelling, infection, and even death. A pair of jeans - destined for the trash - literally can save a child's life! The Scandia-Marine Lions Club has done this project twice and each time it was very well received. <https://solehope.org/>
- **Collect t-shirts** that people no longer want to wear. Wash them and make them into diapers for newborns. The diapers are used as incentives in third-world countries so mothers get prenatal care and deliver their babies in hospitals or centers offering medical care. This is the link to the pattern: https://74dc11f7-55e8-4d45-9c71-afd00e10b0f4.filesusr.com/ugd/d3b8d8_444e82d94bfa417fa90b76569bb8a3c2.pdf.
- **Collect cans**. Turn these in after ward and use the proceeds to support an environmental project.
- **Collect Can tabs**: Clubs can collect tabs for a charity of choice. Just an easy project without investment. Collect for Shriners or they can also be collected for the Ronald McDonald House.
- **Recycle sneakers** so they can be transformed into Nike Grind material which is used in performance products and sport surfaces. The Reuse-A-Shoe program recycles athletic shoes at the end of their life, giving them a new life through Nike Grind. Bring shoes to the Lions event and they will be brought to the Nike store in Eagan, MN. **Any brand** of athletic sneakers is accepted. However, Nike is unable to recycle sandals, dress shoes, boots, or shoes with metal (like cleats or spikes).
- **Recycle medical equipment** (e.g., crutches, wheelchairs, scooters) to create a "library" of items that can be checked out at no cost and used until no longer needed. When done with the item, it should be returned to the Medical Equipment Library (MEL). Each club or zone could establish a MEL.
- **Sand and varnish "tree cookies"** for use in classrooms throughout Minnesota. Help classroom teachers across Minnesota teach children how trees and other woody plants grow, factors that affect tree growth, and tree identification. Teachers love having sets of cookies like these in their classrooms but don't have time or tools to make them. The DNR needs volunteers to create "tree cookies" -- slices of branches or trunks that show the rings of a tree. 100 cookies supplies three classes of students, so the more that can be made, the better: http://files.dnr.state.mn.us/education_safety/education/plit/activity_sheets/treeCookie.pdf
- **Build bluebird houses** or other types of birdhouses. Install these at a state park at a state park (with permission) or in a city park (again, with permission). The Lions would need to check on these feeders and clean them out unless someone from the state or city would do that.

Hunger –

- **Food for Seniors** - Shop and deliver food for at-risk seniors.
- **Prepare and/or serve food** at Loaves and Fishes - <https://www.loavesandfishesmn.org/>
- **Pack food** (purchase it as well) to create "Backpack Food packs" for youth in our community in need. Reach out to public, charter, and homeschool co-ops. Provide nutritious food (not typical food shelf macaroni and cheese, ramen noodles, etc. that promote diabetes).
- **Make placemats** for Meals on Wheels – sewn or colored. The colored placemats will be laminated so they can be reused. <https://meals-on-wheels.com/volunteer/families/other-family-volunteer-opportunities/>
- **Collect food for a local food shelf**. Emphasize that people donate:
 - Whole grain products (with at least 16 grams or more of whole grains per serving)
 - Food low in saturated and trans fats
 - Food low in sodium
 - Lean sources of protein (plant and animal sources; canned or dried)
 - Fruits that are minimally processed (canned or dried; whole, cut-up, or pureed)
 - Vegetables that are minimally processed (canned or dried; whole, cut-up, or mashed)
 - Dairy products or milk substitutes that are high in calcium
 - Beverages including 100% fruit or vegetable juice
 - Basic staple foods
 - Staple foods that encourage cooking and baking at home (e.g., broth, flour)

- **Create Blessing Bags**. These bags have a variety of non-perishable food, silverware, disposable plates, and napkins to give to people asking for money at stoplights. They also can be distributed to people who are near homeless shelters. <https://www.thriftynorthwestmn.com/blessing-bag-meals/>
- **Decorate lunch bags** for Meals on Wheel recipients. In addition to receiving the hot portion of the meal in a tray, Meals on Wheels recipients get the cold portion in a lunch bag. Add life to their meals by decorating lunch bags! Simply buy paper lunch bags and use your creativity, crayons, markers, stickers, or any art materials you have on hand.
- **Assemble food kits** with 14-days' worth of food for people who are at high-risk and can't go to grocery stores because of COVID-19. People are identified as recipients by self-identification or through local non-profits (e.g., churches, senior centers). More information is here: <https://extension.umn.edu/news/rural-grocer-networks-feed-those-isolation>. This is the list of suggested items for the kit and a note that explains the contents to the recipient: <https://conservancy.umn.edu/bitstream/handle/11299/212116/14%20Day%20Meal%20Kit%20Guide.pdf?sequence=1&isAllowed=y>
- **Assemble "Dinner's on Us" kits**. <https://b-inspiredmama.com/dinner-random-act-of-kindness/> to be distributed as determined by each Lions Club.
- **Assist any local free meal program** with shut-in deliveries.
- **Help with Meals on Wheels** and deliver meals.
- **Volunteer at a food shelf or pantry** – stock shelves, or help with the whatever is needed at the food shelf

Diabetes-

- **Collect recipes** – then create a diabetic cookbook
- **Take At-Risk Test** - Have group take Diabetes at Risk Test.
- **Start a walking group** – start with club members and ask community members to join you.
- **Collect non-perishable food** that is healthy for low-income people with diabetes (this also crosses over to be a hunger project): canned spinach, brown rice, whole-grain pasta, quinoa, millet, canned salmon, sardines, albacore (white) tuna in water, herring, no-salt kidney beans, no-salt pinto beans, no-salt black beans, walnuts, pecans, macadamia nuts, almonds, mandarin oranges in water, canned sweet potatoes, extra-virgin olive oil, and chia seeds.
- **Do testing for diabetic retinopathy** (which causes blindness) and test blood glucose or A1C levels. If people test positive for these problems, they will receive a referral to their doctor. The Lions also will mail them a link to get a free kit if they have Type 1 Diabetes: <https://www.jdrf.org/t1d-resources/newly-diagnosed/>. For those with Type 2 Diabetes, the Lions would create their own kit that they can mail based on what's in the JDRF kits.
- **Put donation labels** in books (Donated by the _____ Lions Club with the month and year) about Diabetes (Type 1 and Type 2), healthy eating, and exercise/fitness that are donated to a local school and/or public libraries. (Check with libraries first to see what books they want to acquire.)

Childhood Cancer –

- **Drive patient** along with family members to doctor visits.
- **Shovel snow** for help out family that has child with cancer.
- **Baby-sit** for parents who need to take a child to treatment.
- **Deliver meal** to family that has child suffering from cancer.
- **Donate gas card** to help with cancer patients, especially if they have to travel far for treatment.
- **Support Gilda's Club** - Collect money to support Gilda's Club Twin Cities and the teen program there. Money raised will purchase an item (or more) off of their Amazon.com list: <https://smile.amazon.com/hz/charitylist/1s1KUNIRCD8IJB>. The mission of Gilda's Club Twin Cities (GCTC) is to ensure that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community. They aim to serve everyone impacted by

cancer – those with a cancer diagnosis as well as their friends and family and those living with loss.

- **Set up a pediatric cancer fund** to which families with a child who has cancer can apply to help defray medical costs. Promote it on the club's Facebook page and website as well as through local media.
- **Sponsor C.C. Bears** through Children's Cancer Research Fund in Minneapolis. <https://childrenscancer.org/resources-for-families/c-c-bear/>. Purchase 20 bears at \$25 each so 50 children with pediatric cancer can receive a bear.
- **Create chemo care kits** for children. (Make sure to find a hospital or organization before we make the kits to ask if there are special requirements and/or items that are especially needed.) Here's a link for some ideas: <https://penniesoftime.com/service-project-for-kids-chemo-care-kit-for-kids/>
- **Help serve meals** to patients and families at the U of M Masonic Children's Hospital.
- **Make fleece tied blankets** for children who have cancer, and donate the quilts to Project Linus. (<https://www.projectlinus.org/patterns/>)
- **Make masks** for children with cancer at St. Jude Hospital or any of your local clinics.
- **Make pillowcases** for A Case for Smiles. Finished pillowcases are distributed to 12 children's hospitals throughout the Twin Cities and Duluth <https://caseforsmiles.org/minneapolis/>
- **Knit caps for children** who have cancer. These can be done with knitting needles or round looms. People also can bring knitted caps they made at home to the event.
- **Donate care bags/backpacks** to those in the hospital.
- **Donate cleaning supplies** and make masks for at risk community members and hospitals during the pandemic.

Other Service Ideas:

- **Send cards to Seniors** – especially those in senior center. Seniors feel very isolated and many are very lonely during this coronavirus pandemic. **Great project to do for Valentine's Day!!!!**
- **We Care Kits for Seniors** living in senior centers. Include small gifts, Hallmark cards so they can mail to friends, stationary, envelopes, stamps, pens, puzzles, poems
- **Donate cleaning supplies** for schools.
- **Support local police & fire department** - make snack boxes and deliver to them.
- **Vaccination Help** - Now that state is issuing vaccines, Lions can help with registration and general greeting and checking in people at vaccine sites. Contact County Public Health for info on distribution sites and dates.

Fundraising Ideas:

- **Have an On-Line Garage Sale** – have Lions and community members donate items.
- **Hold an On-Line Raffle** – raffle off item needed in your community
- **Drive-Thru soup or cookie fundraiser** - Have local restaurant make the soup or cookies and then drive by to pick them up

Other:

- **Find out what service is needed in your community** and then do that project!!!!!!
- Ask your:
- | | |
|-----------------|--------------------|
| mayor | police chief |
| council members | librarian |
| fire chief | food shelf manager |
| school teachers | |



103rd Annual Convention

Virtual LCICon 2021



2021 Lions Clubs International Convention moving to virtual event

Due to the continuing concerns about the coronavirus (COVID-19) pandemic, the board of directors voted to transition the 2021 Montreal Lions Clubs International Convention to a virtual event that will be delivered totally online. This decision was made with the health and safety of our Lions, staff and vendors in mind as limiting international travel and large gatherings is key to global containment strategies.

Here are some important details about the 2021 convention we would like to share with you now:

- Our 2021 convention will be a virtual event that's open to all Lions and Leos around the world.
- The registration fee will be US\$50 until March 31, then US\$75 beginning April 1. The registration fee for Leos will be US\$30 regardless of date. Convention is currently scheduled for June 25-29. Additional event and registration details will be provided soon.
- Lions who are currently registered for convention will receive an email soon with more information about their registration options.
- Executive officer and international director elections will be conducted electronically, and voting procedures will be forthcoming.
- Convention updates and details will be posted here at lcicon.lionsclubs.org as they become available.

This global health pandemic has forced us all to make decisions and changes that place health and safety first. However, we are optimistic that with each new day there is hope, and as Lions, we continue to find new ways to stay connected, safely serve our communities and continue our global mission of service.

St James Lions 1st Wed; 6:00 pm Eagles Club #320 701 1st Ave S St. James Lion Dale Busch Pres.	Springfield Area Lions 2nd Thurs; 6:30 pm American Legion Lion Joel Pingeon, Pres.		Luverne Lions 2nd Mon; 6 p.m. Pizza Ranch Lion Steve Cattnach, Pres.	Tracy Lions 2nd Mon; 6:30 p.m. Multi-Purpose Center Lion Gary Peterson, Pres.
	Jackson Lions 2 & 4 Mon; 6:15 pm Jackson Legion Lion Phil Handevit, Pres.	Sleepy Eye Lions 1st Tues; 6:05 p.m. Sleepy Eye Golf Club Lion Blair Fokens, Pres.	Wabasso Lions 3rd Wed; 6:00 pm Community Center Lion Tom Franta, Pres.	
Vesta Lions 1st Mon; 6:30 p.m. Vesta Café Lion Jim Penske, Pres.	Redwood Falls Lions 1 & 3 Mon; 6:30 p.m. American Legion Lion Teresa Rossow, Pres.	Comfrey Lions 2nd Mon; 6:00 p.m. Comfrey Comm Ctr Lion Karl Winderfeldt, Pres.	Hadley Lions 3rd Tues; 6:30 p.m. Hadley Community Ctr Lion Al Husfeldt, Pres.	Morgan Lions 4th Mon; 6:30 p.m. Lions Community Ctr Lion Alan Hillestead, Pres.
	Bringing the District news to you! If your Club is not listed, be sure to send in \$40.00 to District Treasurer, Denise Nelson at 405 S St, Morgan MN 56266. Memo line: Newsletter Sponsor. NOTE: Clubs can sponsor more than one time!			

5M3 Lions Clubs Sponsor Page



Lions of New Ulm 1/2 Thurs; 6:15 p.m. Turner Hall Lion Diann Warta, Pres.	Marshall Lions 2/4 Tues; 6 p.m. Bello Cucina's Lion Jackie Meyer, Pres.	Jasper Lions 3rd Mon; 7 p.m. Stonewall Bar & Grill Lion Bob Quissell, Pres.	Lake Wilson Lions 4th Tues; 6:30 p.m. Lake Wilson Legion Lion Jack VanEck, Pres.	Westbrook Lions 3rd Mon; 7 p.m. Senior Center Lion Grdpm Eichner, Pres.
Truman Lions 1st Mon; 6 p.m. Church of Christ Lion Brian Hendricksen, Pres.	Granite Falls Lions 1/3 Mon; 6:30 p.m. Trolley's Bar & Grill Lion Doreen Velde, Pres.	Fulda Lions 3rd Mon; 6:30 p.m. Fulda Sr Citizens Ctr Lion Dean McNeal, Pres.	Canby Lions 2nd Mon; 6:30 p.m. PK Egan's Lion Gene Bies, Pres.	Lucan Lions 2nd Thur; 7 p.m. Knotts Corner Lion Joseph Plaetz, Pres.
Sherburn Lions 2 & 4 Mon; 7 p.m. Sherburn Legion Lion Mark Wohlhuter, Pres.	Fulda Wood Duck Festival  June 17-20, 2020			Lakefield Lions 2nd Mon; 6 p.m. Multi-Purpose Bldg Lion Dewayne Hage Pres.
Jeffers Community Lions 1st Thurs; 6:30 p.m. Jeffers City Hall Lion Ron Knoll, Pres.	Clarkfield Lions 3rd Tues; 7 a.m. Friendship Café Lion Jim Lynner, Pres.		Windom Lions 2/4 Wed; 6:30 p.m. Jack Slades Lion John Holt, Pres.	Fairmont Lions 3rd Mon; 6 p.m. Pizza Ranch Lion Roger Bloomgren, Pres.