5M3 Lions Den www.e-g

Lions Den District 5M3

District Governor: Lion David Janssen 105 Swanson Dr Sherburn MN 56171 davidjanssen1947@hotmail.com

VDGE:

Lion Gordon Mulder 1631 175th St Luverne MN 56156 gordonmulder@yahoo.com

Secretary:

Lion Diana Kuehl 141 Second Ave Jackson MN 56143 507-847-3126 DianaKuehl5@gmail.com

Treasurer/Dist Admin.:

Lion Denise Nelson 405 S Street Morgan MN 56266 507-227-1712 dinelson0714@hotmail.com

Newsletter Submissions: lion5m3@hotmail.com



Lions Unb of 5m3. We just vanied to extend a huge monkyon to the Lions Unb for the organization of making own 300 blankets for our patients at Santad Children's! What a fantastic denation that is so needed. In have no that is so needed. In have no idea how much a blunket can idea how much a blunket can in the hospital! We appreciate for orport so very much ! Samod Children's Leadership - Child life team

May 2021 Edition 12 Volume 10

www.lionsclubs.org

www.e-district.org/sites/5m3/



Below: DG David Janssen, DGE Gordon Mulder, IPDG Don Kuehl and Lion Diana Kuehl delivered over 300 blankets to the Sanford Children's Hospital.





5M3 District Governor ~David Janssen~



Greetings to the Lions of 5M3

We maybe have turned the corner and Lions Clubs are meeting, zone meetings are taking place. Club visits are happening and if you are interested in the District Governor coming to visit please let me know so we can get it scheduled. It is nice to have things returning to normal with activities taking place. We hope people are getting's their shots. Things will improve and Lions will be able to gather and not worry about Covid-Virus.

The Sherburn Lions Club has completed a KID-SIGHT SCREENING in conjunction with a preschool screening and it was well attended. Thank You to the Sherburn Lions that helped with this. Social distancing and masks were taken into consideration and the new protocol was in place. 57 Children were screened with 8 referrals made to an optometrist.

District 5M2 would like to invite you to the 2021 MD5M Convention "Bend in the River III -Join the Jamboree" on May 1, 2021 for a one-day virtual convention. REGISTRATION IS FREE!!! Register today via online registration on the MD5M website lionsmd5m.org. An in-depth letter explaining the convention changes was sent to all club Presidents and Secretaries in the Multiple with email addresses. If either your club president or secretary did not receive a copy of the letter, please contact your District Governor or convention@lionsmd5m.org. As the convention nears, there will be links available to access Zoom and Facebook live for convention participation. This is an exciting year for the 2021 convention that will give the opportunity for all of you to "Join the Jamboree!" business meeting with online voting.

Candidate PDG Joanne Ogden of EMO, ON won the election to become an ID candidate. The next step is to get on the ballot at the International Convention and get the ENDORSEMENT of MD5M AT THE MULTIPLE CONVENTION April 30/May1, 2021. Canadian candidates from MD5M are elected to Constitution Areas II. USA Candidates are elected to Constitutional Area I.

2021 Lions Clubs International Convention will be a virtual Event June 25 - June 29. Due to the continuing concerns about the coronavirus (Covid-19) pandemic, the board of directors voted to transition the 2021 Montreal Lions Club International Convention to a virtual event that will be delivered totally online. Details will be coming in the next newsletter.

The 45th Annual USA/Canada Lions Leadership Forum is September 9 - 11 in Des Moines Iowa. It will offer a unique style as we move forward in our endeavor to create better leaders and educate you on building leadership within your multiple, district and club membership. We will feature over 70 seminars in 2 and 1/2 days that will give insight and guidelines to develop your growth as a leader in Winning Ways.

We are looking for Lions from your district to attend the 2021 MD5M Regional Lions Leadership Institute! It will take place at the Holiday Inn Detroit Lakes. RLLI is happening on October 21-24 2021. Lions that are selected as participants in the Institute must be in good standing in a Lions Club and may not be a 1st Vice District Governor, District Governor, Past District Governor, International Director, or Past International Director. Each district has the opportunity to send six (6) participants; however, if other districts do not meet their allotment, your district may send additional Lions. The Institute will have a maximum of 72 participants.

District 5M3 is in dire need to fill the positions of 1VDG and 2VDG. It would be nice for members to step forward and take on one of the District Governor positions. 5M3 had Lion Bill Martin from Luverne offered to take the 1VDG spot, but he had to decline because of health reasons. We wish Lion Bill the best in the coming days. So, these spots are open and if anybody has questions about the DG role, please give DG David, DGE Gordon, IPDG Don a call to talk about this.

Looking at service activities reporting that has been really low. The Lion's Clubs have been doing things and they haven't been entered into the LCI website. Let's try to see if can do better. Would like to have the Zone chairs help on this. Also, it would be nice to get zone meetings in before the end of June. There will be an e-mail coming out to remind the Zone Chairs about having Zone meetings. Service activity reporting needs to be improved. Have a great time being a Lion and don't be afraid to ask some to be a Lion.

District 5M3 is looking for few good members. *1 VDG and 2 VDG

Cabinet Positions: *Diabetes Foundation 2 members *Special Olympics *GST Global Service Team

BRINGING GROWTH TO LIONS DG David J.

Inside this issue:

DG David article2
1VDG Gordon article3
2021-2020 Elections reminder3
D-Feet Hearing Loss Walk4
Can-Do-Canines5
USA/Canada Leadership Forum5-7
Project New Hope retreats8
NAMI9
Regional Lions Leadership Inst9-11
5M3 Happenings12-14
President's Message15
International Convention16
Service Ideas17
Sponsor Page18





District Governor Elect ~Gordon Mulder~

From the desk of DGE Gordon Mulder -- a look back, a look forward.

Slowly, ever so slowly – our covid contracted world is opening up. We have had our 2 shots and we have actually been to church, in person, three times now instead of watching 'church' on a computer for a year. Although the lazy boy seats at home are a little more comfortable than the pews in church. The communion of saints, the gathering of like-minded Christians, is still wonderful.

PID Jerome Thompson makes it sound easy, "If we can get every club to turn the lights on, serve monthly, and invite daily, we will have more successes to share!"

That sounds so easy, so simple. How could we not improve our own clubs? What are we waiting for? Make it easy, make it so! Membership, membership, membership! Get more membership. Those are the three words that keep pulsing through the district 5M3. And yet, why do we keep slipping in membership?

Insanity definition: doing the same thing, expecting different results. Do we need different results? Are we doing anything different to get different results? When do we start? How do we start? Do we have anything good to share? Do we share anything good? What is it going to take to get us off of our respective rockers to share or help our communities?

Kidsight eye screening is slowly opening up. If the schools and daycares are not calling for help, do we be so brave and forward as to ask them if we could help them? Maybe they don't know that we can help them. Maybe this is a way to do marketing of Lions Clubs to our towns. Let them know we can help. Let them know how we can help.

RLLI -- Regional Lions Leadership Institute -- is coming this fall. Every Lion who hasn't attended should be considering attending. It is a great way to help yourself and your club. We should be flooding RLLI with registration forms.

LCIF – Lions Clubs International Foundation – is still helping around the world! We are so very blessed. We could be helping, paying forward, so that if the time ever comes that we need help, we could get help. Campaign 100 is still going strong, still taking donations, still making a difference.

District Cabinet still has a few openings, and I don't know who else to ask. One spot on the Hearing Foundation, two spots on the Diabetes foundation, one spot on the Vision Foundation, a district secretary, Special Olympics coordinator. Is there a Lion willing to help out? You don't need to be an expert in that field, you just need to care and be willing to help, and the rest will fall into place.

It is a good day to be a Lion.

Work with pride, and help and share with the Lion

Pride!

Lion Gordon Mulder



DATES TO REMEMBER

USA/CANADA Forum

SEPTEMBER 9-11, 2021 DES MOINES, IOWA

Regional Lions Leadership Institute

November 2021 location to be determined

Lions International Convention

June 25-29, 2021	Montreal Quebec /virtual
July 1-5, 2022	New Delhi, India
July 7-11, 2023	Boston Massachusetts
June 21-25, 2024	Melbourne, Australia
July 4-8, 2025	Mexico City, Mexico
July 3-7, 2026	Atlanta Georgia USA
July 2-6,2027	Washington DC USA
June 23-27,2028	Singapore



The Lions Year runs from <u>July 1 to June 30</u>, but your new officer listing NEEDS TO BE SENT TO LCI **<u>BY MAY 1</u>**.

- Have new officers attend Officer Training (watch for future dates)
- July 1st, new officers begin their year (or more) of service.



We are going virtual this year for our walk to D-Feet Hearing Loss! Although we won't gather, the important work of the Minnesota Lions Hearing Foundation doesn't stop so join us on June 5th wherever you are to support hearing health!

Your participation in this fundraiser helps us continue to meet our commitments to the Lions Children's Hearing Center at the University of Minnesota and the Department of Otolaryngology at the U of M. Kids are diagnosed and treated six days a week at the Lions Children's Hearing Center.

Thanks to the Foundation's pledge to fund the new sound booth construction and equipment purchases, you can help us and the U of M provide support to even more kids! In addition, we continue funding research projects to find new cures and treatments for patients experiencing hearing issues and our Professorship endowment will facilitate teaching students who will help those with hearing loss well into the future.

YOU can help continue this important work by participating in our virtual walk on June 5. TOGETHER, we can all do our part to help D-Feet Hearing Loss!

D-Feet Hearing Loss

Lions Children's Hearing Center 10TH ANNUAL WALK

JUNE 5, 2021 9:30AM

- Entry Fee: \$25 or \$35 (includes mailed t-shirt)
- Kids under 12 are free
- Create your own walking route, any distance
- Download scavenger hunt, coloring pages and other activities on our registration page
- Fun for families of all ages
- Great club activity event
- Tips and ideas available on our registration page
- Join our Facebook Live start on June 5 at 9:30AM
- Change a child's life through your registration/donation!



To learn more visit us at: 5mhf.org or at facebook.com/5mhf.org



Jetson's Assistance is Like Pennies from Heaven for Karley

Printed In: Printing Storing, News | January 27, 2021

Mobility Assise Dog jetson was trained to be helpful in many ways. He's a "coat sugger." "aundry leader," "drawer puller," "refrigerator opener," and "door plate pusher." And for his new partner, Karley, he may also be considered a "penny pincher."

Karley was been with what is called Anthrogryposis Multiprex Congenita, which, she explains, "basically means my joints are stuck in a fixed position and some muncles neurr developed," She locks biolog muscles, as well as tome leg muscles, and her locks biolog muscles, as well as tome leg muscles, and her locks of extremittes rannot bear weight. Her elbows and writes are bent and instated at permanent, locked angles. So for holding most teens and writing, Karley uses her right hand, and she relies on her left, hand for feeding herself and as a "hulper hand."

Now Karley also has "helper paws," courtesy of Jetson.

Not long after the two were paired together this summer, Karley brought jetson with to a store. While shopping, the dropped some cash on the floor, "There was no brie around," explains Karley. "If he want't with me, I would have had to either laye is and go sty to find sumeroe and hope

that it would be there when I got back, or take that loss." But jetson wasn't at a loss for what to do. He saved the money off the floor and deposited it all in Karley's hand, showing that he can itterally be a "penny pincher."

Time is Money

Jetsen also saves Karley from needing a personal care assistant as much, since he argenty helps her himself throughout the day and night. "I'm definitely more independent," save Karley, who is glid she was introduced to Can Do Contexs shraven her neighbors who have a dog of their own from the organization. Thinking back to her first moments with (instein, Karley says, "We bundled right away and were in tune with each other very fail. Hirs such a hoppy dog and was ready to work instanty."

And Kanley has plenty of work for jetson to do. At age 21, she is a senior of Southwest Minnesola State University in Marshall, studying social work in order to focus on studiatione abuse treatment. She plans as do clinicals during the second senerace in the Manshall area with iterato being with her. Also, living in an apartment on her own on campus, Korley lineas that jetson will be critical to being able to do so safely.

Giving Her the Correct Change

While the originally began considering on assistance dog when she was moving away to callege a few years ago, Karby wasn't ready for all all that change as once. Now that the has jetson, she says, "I think overything is going to go a lot smoother. I'm more confidence going irms causes and being able to do more." She's nor the only one with added comfort. She sensed her means relief when dropping off Karley for the school year. To usually takes a lot of effort to get her to lowe campus, it was a lot about for her."

One thing Karley wants to offer those who helped make her match with Jesson possible is a "huge thank you." With searful emotion, the shares, "te's changed my life completely. Know that it really does make a world of difference."

You can bet your bettom dollar that this is one partnership that is 'right on the money.'

Thank you to all those who made this partnership possible.

Great Start Home: Rachel Hovland Puppy Ralent: FCI Waseca Special Thanks: Betty Otto & Mike Ferber, Kathy Broten You: Thank you for your donational



TO DEVELOP LEADERS, MOTIVATE AND EDUCATE ATTENDEES, PROVIDE AN OPEN EXCHANGE OF IDEAS, AND SUPPORT PROGRAMS AND GOALS OF LIONS CLUBS INTERNATIONAL.

SEPTEMBER 9, 2021 THROUGH SEPTEMBER 11, 2021

REGISTER HERE

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MEMBERSHIP UPDATE

Feb 28, 2020.....1,133 Mar 31, 2021.....1,050 YTD Members Added: 21 YTD Members Dropped: ... -84 YTD

Net Loss/Gain: -63

Retention is the key to keeping your membership numbers. You cannot run your programs without your members. Talk to them, see what keeps them and what makes them leave. Meet their needs.

HELP WANTED!!

1st Vice District Governor 2nd Vice District Governor

CHAIRS NEEDED FOR: -DIABETES FOUNDATION -INTERNATIONAL EXCHANGE -PUBLIC RELATIONS -SPECIAL OLYMPICS -Global Service Team - Dental Initiative



cial Olympics

CONTACT DG DAVID IF INTERESTED. davidjanssen1947@hotmail.com 507-236-2480



To have your Club listed on the sponsor page, send your **\$40.00** to District Treasurer,

Denise Nelson at 405 S St, Morgan MN 56266 Memo line: Newsletter Sponsor.

NOTE: Clubs can be sponsored in more than one box.



PROJECT NEW HOPE

Military Family Retreats at no cost to Veterans







"At Project New Hope, we are driven by our mission - to provide education, training and skills necessary to manage their lives after wartime service."



FOR MORE INFORMATION GO TO WWW.PROJECTNEWHOPE.NET



JUNE 4-6 Audubon Center near Sandstone, MN OCTOBER 8-10 Ironwood Springs Ranch near Stewartville, MN DECEMBER 3-5 Inspiration Point near Clitherall, MN

5M3 Project New Hope Co-Chairs are:

Larry Muenchow Imuenchow@hotmail.com 507-626-0185

Sue Muenchow smuenchow312@gmail.com







5M3 NAMI

Membership problems, who has them? Is it just a local club problem, 5M3, or MD5M. No good news here, we recruit fewer new members than we retain. Cannot do much about death and people moving out of the area. We can do something about the recruiting process and that it must be JOB ONE. It is everyone's priority. We cannot be recycling the same folks in our club's leadership positions. We need to do a better job of training our members to assume the leadership roles in our club's. How do you train your members? First, start with a new member orientation program that informs the member about Lionism, our history, what we do. Second, encourage members to attend our district conventions to learn about our service projects. And Third, encourage members to continue their training with MD5M leadership training programs. This is not easy, it is called encouragement and identifying your members to help them to assume leadership roles in your club. Bottom line: DESIRE. You must decide if you want new members in your club. You must make the decision to become a recruiter for your club. Is everyone on board with getting new members in your club? Do you have fun service projects? Is your club visible in your community? How do you know? Are your meetings fun? Do all your members know the procedures for joining? Here is a good one, does every member have a membership application? If not, order some from LCI and hand them out!!!! Is everyone knowledgeable enough to sell Lionism? Do you have a story of what Lions means to you? Are prospective members welcomed at your meetings? Last but now least, do you have a new member orientation / training program at your club? If not, why not? Maybe it should not be just for new members, but EVERYONE in the club. Hopefully, you will talk about membership at your club meetings and decided to make it a PRIORITY and have it become JOB ONE. Hey thanks for reading and wish all the club's success in recruiting and retaining your members. If you need any assistance, please let me know. Oh, one more thing, celebrate your success immediately, do not wait. We Serve,

IPDG Donald E. Kuehl, NAMI Chair





HELP BUILD UP A FUND FOR AFFORDABLE HEARING AID BY DONATING USED HEAR-ING AIDS!

Most clubs and communities don't realize that it isn't **just glasses** that can be donated to Lions, but also **HEARING AIDS**. These are then sent to a place that refurbishes them as needed and make them available at a lower cost. PLEASE LET YOUR COMMUNITIES KNOW ABOUT THIS! Your contribution of used hearing aids makes a significant difference in the lives of those who would simply slip through the cracks.

There's still time!

Contact DG David Janssen to set up a visit with your club!

507-236-2480

Davidjanssen1947 @hotmail.com

Re: 2021 Regional Lions Leadership Institute)

WANTED:	YOU!!
FOR:	AN UNBELIEVABLE OPPORTUNITY
WHAT:	2021 MD5M Regional Lions Leadership Institute
WHEN:	October 21-24 2021
WHERE:	Holiday Inn Detroit Lakes MN

We are looking for Lions from your district to attend the 2021 MD5M Regional Lions Leadership Institute! Lions that are selected as participants in the Institute must be in good standing in a Lions Club and may not be a 1st Vice District Governor, District Governor, Past District Governor, International Director, or Past International Director. The \$150 fee for the Leadership Institute includes the cost of materials, facility, staff, and four (4) meals. Room costs and additional meals are not included. <u>However, a \$75</u> <u>rebate from MD5M, through a grant from LCI, will be given to each participant that</u> <u>completes the program</u>. Participants **MUST** be available to attend **ALL** sessions beginning on Thursday evening and ending Sunday afternoon.

Each district has the opportunity to send six (6) participants; however, if other districts do not meet their allotment, your district may send additional Lions. The Institute will have a maximum of 72 participants.

Applications are available from your District Governor or on the MD5M Website and are due (without fees) by September 30, 2021. Your District Governor will then make the final participant selection.

Institute graduates from your district will tell you that the Regional Lions Leadership Institute is beneficial for you in every facet of your life and not just in your role as a Lion. If you have questions concerning the Institute, please feel free to contact:

Lion Dennis W. Kelly III dkellylion@gmail.com

We look forward to giving YOU this UNBELIEVABLE OPPORTUNITY !!



Participant SelectionGuidelines

The following guidelines are to be used by the District Governor in selecting participants for the MD5M Regional Lions Leadership Institute.

- 1. The applicant must be a Lion in good standing of a MD5M Lions Club in good standing.
- The following Lions are not eligible to attend: District Governors, Vice District Governors, Past District Governors, International Directors and Past International Directors.
- 3. The applicant must have never attended a Lions Club International Leadership Institute.
- 4. The purpose of the Institute is to provide Leadership Development Training to emerging Lion leaders. The goal is to search out at least six emerging leaders in each of the 12 Districts in MD5M. Special concern will be for club leaders and less experienced Lions on the District Cabinet who could benefit from an experience attending a Lions Clubs International Regional Leadership Institute. Specific goals for the training are:
 - Expand the leadership ability of current and future District Officers and Cabinet members.
 - b. Strengthen the Leadership Development programs in each District by providing a stronger base of qualified Lion Leaders within each District.
 - c. Provide and support an ever-growing base of potential District leaders that are qualified to fill future positions as District Governors.
- 5. There should be no more than one applicant from any one Lions Club.
- The applicant must be available to attend the entire MD5M RLLI. They must arrive on Thursday to register and attend the evening Icebreaker session, the Kickoff Breakfast on Friday, and all sessions through the closing session on Sunday.
- The applicant must complete the MD5M RLLI Application Form, have it signed and submitted to their District Governor on or before September 30, 2021.
- 8. The applicant, once accepted, must provide a check for \$150.00 payable to MD5M Regional Leadership Institute to be submitted with their registration form on or before October 30, 2021.
- Each participant that attends the entire Leadership Institute (Opening Session, Kickoff Breakfast, all Institute sessions, the Celebration Banquet and Closing Session) will receive a \$75.00 reimbursement to help cover expenses.

MD5M REGIONAL LIONS' LEADERSHIP INSTITUTE PARTICIPANT APPLICATION FORM MUST BE SUBMITTED to your DISTRICT GOVERNOR no later than August 31st 2021

NAME:	DATE JOINED LIONS:
ADDRESS:	
-Mail ADDRESS:	TELEPHONE NO:
LUB NAME:	MEMBER NUMBER:
URRENT OFFICE HELD:	
THER OFFICES HELD:	
WHY DO YOU WISH TO ATTEND THE MD5M F	REGIONAL LIONS' LEADERSHIP INSTITUTE?
Use the back of this document or add	another page if you require more space.
PPLICATION MUST BE SIGNED BY THE FOL	LOWING:
PPLICANT:	DATE:
LUB PRESIDENT OR ZONE CHAIR:	DATE:
	p Institute, your District Governor will require a chec ed to MD5M. Your District Governor must send th

5M3 HAPPENINGS



Lakefield Lions club with DG David



Pictured, back row, L to R, are Lion John Micheel, Curator of the Riverside Nature Learning Center, Ron Bolduan and Lion Bob Schirlinger. Front row, L to R, are Youth Assistants, Tanner Kissner and Layla Kump.



Lakefield Lion Joel Poppe receives 35 anniversary award from DG David



DG David presents 45 anniversary award to Lakefield Lion Dewayne Hage

New Ulm Lions Donate to Riverside Nature Learning Center

The Lions Club of New Ulm recently donated \$500 to the Riverside Nature Learning Center located in New Ulm. Their mission is to provide a hands-on experience for visitors with emphasis on exposing young people to natural history. Environment is one of the initiatives of Lions Clubs International.



5M3 HAPPENINGS

Lions of 5M3

Our **Sherburn Lions Club** has just completed LIONS KID-SIGHT (VISION SCREENING) services held in conjunction with the annual pre-school screening held at Sherburn Elementary School this week. Completed over a 3-day period April 6, 7, 8, Martin County West Pre-School children ranging in age from 3 to 5 years old went through the screening events at appointed times throughout the three days to complete general hearing, vision screening, along with additional Individual Developmental Learning Readiness checks.

This year, a total of 57 children were screened for potential vision related concerns. The KIDSIGHT Camera device identified several (8) children for "referrals" to an optometrist or oph-thalmologist which may then lead to corrective vision support, depending on further medical diagnosis with a vision professional!

"Thanks" going out to the following LIONS who volunteered their time in supporting the MCW School District's preschool screening program through Lions KIDSIGHT:

David Traetow, Dennis Larson, Gary Manzey, Rex Wohlhuter, John Tirevold, David Janssen and Dale Harbitz. In addition, Adam Smith, Fairmont Lions Club member, shared Thursday afternoon with us while familiarizing himself with the KID-SIGHT equipment and operations so that he could use this same equipment to assist with the pre-school screening process in Granada on Friday of this week! Great to work with each of you this week in assisting this worthwhile venture for our kids! Our Lions Club tallied up at least 48.5 service hours in making this effort successful; so, THANKS AGAIN!

Due to the COVID19 pandemic, our last recent venture with KIDSIGHT occurred two years ago in 2019; so, we actually missed a year until catching up again this Spring with our current pre-school population. The MCW School District staff, along with many parents have expressed thankful appreciation for the support of the LIONS club in providing this service!

The KIDSIGHT diagnostic camera is truly an amazing piece of technology in identifying potential life-altering vision problems in our young children! Today, I had the opportunity to visit with MCW Interim-Superintendent Chad Brusky relating to the possible future use in screening current MCW students of multiple age groups. In sharing with him the Sherburn Lions Club would be most willing to make that service available at any school or age level, providing the coordination of available KIDSIGHT equipment can be scheduled within the 5M3 calendar for our local use.

As this equipment is free for each Lions Club to use upon availability, there is a printer which travels with several other pieces of camera equipment so that copies of individual screening results may be printed for the parents and school nurse; while the State of Minnesota Health Services requires documentation of the actual screening results from each school.

Sherburn Lions Kid-Sight Chairman Dale Harbitz



Sherburn Lions John Tirevold and Dale Harbitz helped screen 57 children during Sherburn Elementary's pre-school screening.



Sherburn Lions Dale Harbitz and Gary Manzey helped during Lions Kidsight Vision Screening at Sherburn Elementary School for pre-school screening.

5M3 HAPPENINGS



DG David J presents **Fairmont Lion Allan Struck** with 49 year Milestone Chevron Award. Congratulations Lions Allan!



DG David J presents **Fairmont Lion Duane Nawrcki** with a Milestone Chevron Award as a 15 year Lion member (above) and the International Leadership Award (right) for his significant contributions to the Fairmont Lions Club. Congratulations Lion Duane!





Fairmont Lions Club had a nice turnout for DG David J's visit.



DG David J met with the **Truman Lions Club** during a joint meeting with the Fairmont Lions.









PRESIDENT'S MESSAGE

United in Kindness and Diversity with International President, Dr. Jung-Yul Choi

Dear Lion,

When you connect with your club, amazing things happen. And even though the way we meet may have changed, what we've been able to accomplish together shows that our connection has only grown stronger.

Let us always remember that even though there may be distance between us, there is no divide amongst us. No matter where we call home, we are united through service. And together, our Lions family will never stop working to make the world a better place for all people.

Regards, Dr. Jung-Yul Choi International President

2021 Lions Clubs International Convention moving to virtual event



Posted February 9, 2021

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Due to the continuing concerns about the coronavirus (COVID-19) pandemic, the board of directors voted to transition the 2021 Montreal Lions Clubs International Convention to a virtual event that will be delivered totally online. This decision was made with the health and safety of our Lions, staff and vendors in mind as limiting international travel and large gatherings is key to global containment strategies.

Here are some important details about the 2021 convention we would like to share with you now:

- · Our 2021 convention will be a virtual event that's open to all Lions and Leos around the world.
- Registration is now open. The registration fee will be US\$50 until March 31, then US\$75 beginning April 1. The registration fee for Leos will be US\$30 regardless of date. Convention is currently scheduled for June 25-29.
- Executive officer and international director elections will be conducted electronically, and voting
 procedures will be forthcoming.
- · Convention updates and details will be posted here at lcicon lionsclubs org as they become available.

This global health pandemic has forced us all to make decisions and changes that place health and safety first. However, we are optimistic that with each new day there is hope, and as Lions, we continue to find new ways to stay connected, safely serve our communities and continue our global mission of service.

Register now

Service Ideas for Lions of 5M



2-7-2021 Updated

Here are projects that Lions can do in the 5 keys areas of service along with a few other ideas:

Vision -

Collect used eyeglasses - give to your MN Lions Vision Foundation Trustee

- Do KidSight Screening
- Donate large print books to your local library. Put donation labels (Donated by the Lions Club with the month and year) in large-print books that are donated to local libraries. (Check with libraries first to see what books they want to acquire.)
- Help make tactile baby blankets for babies who are blind or visually impaired, including those with multiple disabilities or deaf blindness. https://www.pathstoliteracy.org/blog/tactile-babyblankets . Donate locally, if needed, or to Perkins International. https://www.perkins.org/
- Construct a Sorry game for visually-impaired seniors at a nursing home. https://www.perkinselearning.org/activity/adapted-sorry-board-game
- Adapt Connect Four to be played by those who are visually-impaired at a nursing home: https://www.pathstoliteracy.org/strategies/adapting-connect-four-players-visual-impairments
- Low vision kits Create kits for people who have been recently diagnosed as low vision or who are blind:

https://carroll.org/product/mixed-bump-dots/

- https://carroll.org/product/marinoff-low-vision-playing-cards/
- https://carroll.org/product/bold-writer-low-vision-pens/
- https://carroll.org/product/plastic-check-writing-guide/
- https://carroll.org/product/2x-around-the-neck-magnifier-rectangular-5-5-x-4/

These kits can be given to Lions members to begin with and then to people who are identified in the community.

Environment

- Recycles plastic bags and plastic packaging get a free bench for your community. https://www.trex.com/recycling/recycling-programs/
- Donate your newspapers and magazine to others instead of throwing in the garbage.
- Make a decorative Winter container garden or a container garden that feeds the birds. A Lions Club can partner with a local nursery and funds raised will be used to support the Lions' environmental projects.
- Bird Feeders Make a variety of treats that will feed and sustain birds and wildlife throughout the winter including bird feeders using cookie cutters; suet-filled orange halves; popcorn and cranberry garlands, and more. These could be made at a Lions meeting just for the Lions or do a community event so more birds are fed in the community.
- Collect used blue jeans, wash them, and then cut out pieces using patterns supplied by Sole Hope. The pieces are assembled into "shoe kits" and then shipped to Sole Hope who then sends them in Uganda. In Uganda, seamstresses and cobblers create shoes that are given to children who suffered from jiggers and were treated for them. Jiggers are tiny parasitic insects that burrow into the feet, lay eggs that multiple greatly in size. They can cause pain, itchiness, swelling, infection, and even death. A pair of jeans - destined for the trash - literally can save a child's life! The Scandia-Marine Lions Club has done this project twice and each time it was very well received. https://solehope.org/
- Collect t-shirts that people no longer want to wear. Wash them and make them into diapers for newborns. The diapers are used as incentives in third-world countries so mothers get prenatal care and deliver their babies in hospitals or centers offering medical care. This is the link to the pattern: https://74dc11f7-55e8-4d45-9c71-
- afd00e10b0f4.filesusr.com/ugd/d3b8d8_444e82d94fba417fa90b76569bb8a3c2.pdf. Collect cans. Turn these in afterward and use the proceeds to support an environmental project.
- Collect Can tabs: Clubs can collect tabs for a charity of choice. Just an easy project without investment. Collect for Shriners or they can also be collected for the Ronald McDonald House.
- Recycle sneakers so they can be transformed into Nike Grind material which is used in performance products and sport surfaces. The Reuse-A-Shoe program recycles athletic shoes at the end of their life, giving them a new life through Nike Grind. Bring shoes to the Lions event and they will be brought to the Nike store in Eagan, MN. Any brand of athletic sneakers is accepted. However, Nike is unable to recycle sandals, dress shoes, boots, or shoes with metal (like cleats or spikes).
- Recycle medical equipment (e.g., crutches, wheelchairs, scooters) to create a "library" of items that can be checked out at no cost and used until no longer needed. When done with the item, it should be returned to the Medical Equipment Library (MEL). Each club or zone could establish a MEL.
- Sand and varnish "tree cookies" for use in classrooms throughout Minnesota. Help classroom teachers across Minnesota teach children how trees and other woody plants grow, factors that affect tree growth, and tree identification. Teachers love having sets of cookies like these in their classrooms but don't have time or tools to make them. The DNR needs volunteers to create "tree cookies" -- slices of branches or trunks that show the rings of a tree. 100 cookies supplies three classes of students, so the more that can be made, the better:
- http://files.dnr.state.mn.us/education_safety/education/plt/activity_sheets/treeCookie.pdf Build bluebird houses or other types of birdhouses. Install these at a later date at a state park (with permission) or in a city park (again, with permission). The Lions would need to check on these feeders and clean them out unless someone from the state or city would do that.

Hunger -

Food for Seniors - Shop and deliver food for at-risk seniors.

- Prepare and/or serve food at Loaves and Fishes https://www.loavesandfishesmn.org/
- . Pack food (purchase it as well) to create "Backpack Food packs" for youth in our community in need. Reach out to public, charter, and homeschool co-ops. Provide nutritious food (not typical food shelf macaroni and cheese, ramen noodles, etc. that promote diabetes).
- Make placemats for Meals on Wheels sewn or colored. The colored placemats will be laminated so they can be reused. https://meals-on-wheels.com/volunteer/families/other-family-volunteeropportunities/
- Collect food for a local food shelf. Emphasize that people donate:
 - Whole grain products (with at least 16 grams or more of whole grains per serving) Food low in saturated and trans fats D
 - 0 Food low in sodium
 - Lean sources of protein (plant and animal sources; canned or dried) 0
 - Fruits that are minimally processed (canned or dried; whole, cut-up, or pureed)
 - 0 Vegetables that are minimally processed (canned or dried; whole, cut-up, or mashed)
 - Dairy products or milk substitutes that are high in calcium 0 Beverages including 100% fruit or vegetable juice
 - 0 Basic staple foods
 - Staple foods that encourage cooking and baking at home (e.g., broth, flour) 0

- Create Blessing Bags. These bags have a variety of non-perishable food, silverware, disposable plates, and napkins to give to people asking for money at stoplights. They also can be distributed to people who are near homeless shelters. https://www.thriftynorthwestmom.com/blessing-bagmeals/
- Decorate lunch bags for Meals on Wheel recipients. In addition to receiving the hot portion of the meal in a tray, Meals on Wheels recipients get the cold portion in a lunch bag. Add life to their meals by decorating lunch bags! Simply buy paper lunch bags and use your creativity, crayons, markers, stickers, or any art materials you have on hand.
- Assemble food kits with 14-days' worth of food for people who are at high-risk and can't go to grocery stores because of COVID-19. People are identified as recipients by self-identification or through local non-profits (e.g., churches, senior centers). More information is here: https://extension.umn.edu/news/rural-grocer-networks-feed-those-isolation . This is the list of suggested items for the kit and a note that explains the contents to the recipient: https://conservancy.umn.edu/bitstream/handle/11299/212116/14%20Day%20Meal%20Kit%20G uide.pdf?sequence=1&isAllowed=y
- Assemble "Dinner's on Us" kits. https://b-inspiredmama.com/dinner-random-act-of-kindness/ to be distributed as determined by each Lions Club.
- Assist any local free meal program with shut-in deliveries.
- Help with Meals on Wheels and deliver meals.
- Volunteer at a food shelf or pantry stock shelves, or help with the whatever is needed at the food shelf Diabetes-
- · Collect recipes then create a diabetic cookbook
- Take At-Risk Test Have group take Diabetes at Risk Test.
- Start a walking group start with club members and ask community members to join you.
- Collect non-perishable food that is healthy for low-income people with diabetes (this also crosses over to be a hunger project): canned spinach, brown rice, whole-grain pasta, quinoa, millet, canned salmon, sardines, albacore (white) tuna in water, herring, no-salt kidney beans, no-salt pinto beans, no-salt black beans, walnuts, pecans, macadamia nuts, almonds, mandarin oranges in water, canned sweet potatoes, extra-virgin olive oil, and chia seeds.
- Do testing for diabetic retinopathy (which causes blindness) and test blood glucose or A1C levels. If people test positive for these problems, they will receive a referral to their doctor. The Lions also will mail them a link to get a free kit if they have Type 1 Diabetes: https://www.jdrf.org/t1dresources/newly-diagnosed/ . For those with Type 2 Diabetes, the Lions would create their own kit that they can mail based on what's in the JDRF kits.
- Put donation labels in books (Donated by the Lions Club with the month and year) about diabetes (Type 1 and Type 2), healthy eating, and exercise/fitness that are donated to a local school and/or public libraries. (Check with libraries first to see what books they want to acquire.)

Childhood Cancer -

- Drive patient along with family members to doctor visits.
- Shovel snow for help out family that has child with cancer.
- Baby-sit for parents who need to take a child to treatment. ٠
- Deliver meal to family that has child suffering from cancer.
- Donate gas card to help with cancer patients, especially if they have to travel far for treatment. Support Gilda's Club - Collect money to support Gilda's Club Twin Cities and the teen program there. Money raised will purchase an item (or more) off of their Amazon.com list:
- https://smile.amazon.com/hz/charitylist/ls/1KUNIRCJD8IJB . The mission of Gilda's Club Twin Cities (GCTC) is to ensure that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community. They aim to serve everyone impacted by

cancer - those with a cancer diagnosis as well as their friends and family and those living with loss.

- Set up a pediatric cancer fund to which families with a child who has cancer can apply to help defray medical costs. Promote it on the club's Facebook page and website as well as through local media.
- Sponsor C.C. Bears through Children's Cancer Research Fund in Minneapolis https://childrenscancer.org/resources-for-families/c-c-bear/. Purchase 20 bears at \$25 each so 50 children with pediatric cancer can receive a bear.
- Create chemo care kits for children. (Make sure to find a hospital or organization before we make the kits to ask if there are special requirements and/or items that are especially needed.) Here's a link for some ideas: https://penniesoftime.com/service-project-for-kids-chemo-care-kit-for-kids/
- Help serve meals to patients and families at the U of M Masonic Children's Hospital.
- Make fleece tied blankets for children who have <u>cancer</u>, and donate the quilts to Project Linus. (https://www.projectlinus.org/patterns/)
- Make masks for children with cancer at St. Jude Hospital or any of your local clinics.
- Make pillowcases for A Case for Smiles. Finished pillowcases are distributed to 12 children's hospitals throughout the Twin Cities and Duluth https://caseforsmiles.org/minneapolis/
- Knit caps for children who have cancer. These can be done with knitting needles or round looms. People also can bring knitted caps they made at home to the event.
- Donate care bags/backpacks to those in the hospital.
- Donate cleaning supplies and make masks for at risk community members and hospitals during the pandemic.

Other Service Ideas:

- Send cards to Seniors especially those in senior center. Seniors feel very isolated and many are very lonely during this coronavirus pandemic. Great project to do for Valentine's Day!!!!!
- We Care Kits for Seniors living in senior centers. Include small gifts, Hallmark cards so they can mail to friends, stationary, envelopes, stamps, pens, puzzles, poems
- Donate cleaning supplies for schools.
- Support local police & fire department make snack boxes and deliver to them.
- Vaccination Help Now that state is issuing vaccines, Lions can help with registration and general greeting and checking in people at vaccine sites. Contact County Public Health for info on distribution sites and dates.

Fundraising Ideas:

- Have an On-Line Garage Sale have Lions and community members donate items.
- Hold an On-Line Raffle raffle off item needed in your community
- Drive-Thru soup or cookie fundraiser Have local restaurant make the soup or cookies and then drive by to pick them up Other:

- Find out what service is needed in your community and then do that project!!!!!!
 - Ask your: nolice chief mayor council members librarian fire chief food shelf manager school teachers



James Llow 1st Wed; 6:00 pm Eagles Club #320 701 1st Ave S St. James Lion Dale Busch Pres.	Pringfield Are Lions 2nd Thurs; 6:30 pm American Legion Lion Joel Pingeon, Pres.	Let's Touch Hearts	2nd Mon; 6 p.m. Pizza Ranch Lion Steve Cattnach, Pres.	ATACY LIONS 2nd Mon; 6:30 p.m. Multi-Purpose Center Lion Gary Peterson, Pres.
	2 & 4 Mon; 6:15 pm Jackson Legion Lion Phil Handevidt, Pres.	G LONS 1st Tues; 6:05 p.m. Sleepy Eye Golf Club Lion Blair Fokens, Pres.	3rd Wed; 6:00 pm Community Center Lion Tom Franta, Pres.	
Jesta Lions 1st Mon; 6:30 p.m. Vesta Café Lion Jim Penske, Pres.	Redwood Falls Lions 1 & 3 Mon; 6:30 p.m. American Legion Lion Teresa Rossow, Pres.	Comfrey Llons 2nd Mon; 6:00 p.m. Comfrey Comm Ctr Lion Karl Winderfeldt, Pres.	3rd Tues; 6:30 p.m. Hadley Community Ctr Lion Al Husfeldt, Pres.	Ath Mon; 6:30 p.m. Lions Community Ctr Lion Alan Hillestead, Pres.
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Lions of New Ulm	ons Clu Marshall Lions 2/4 Tues; 6 p.m.	Jasper Lions	NSOR Pa	Hestbrook Llon
Lions of New Uim 1/2 Thurs; 6:15 p.m. Turner Hall Lion Diann Warta, Pres.	2/4 Tues; 6 p.m. Bello Cucina's Lion Jackie Meyer, Pres.	Stonewall Bar & Grill Lion Bob Quissell, Pres.	Lions 4th Tues; 6:30 p.m. Lake Wilson Legion Lion Jack VanEck, Pres.	3rd Mon; 7 p.m. Senior Center Lion Gprdpm Eichner, Pres.
Lions of New Uim 1/2 Thurs; 6:15 p.m. Turner Hall Lion Diann Warta, Pres.	2/4 Tues; 6 p.m. Bello Cucina's	Stonewall Bar & Grill Lion Bob Quissell, Pres.	Lions 4th Tues; 6:30 p.m. Lake Wilson Legion	3rd Mon; 7 p.m. Senior Center Lion Gprdpm Eichner, Pres.
Lions of New Uim 1/2 Thurs; 6:15 p.m. Turner Hall Lion Diann Warta, Pres. Accuman Lions Ist Mon; 6 p.m. Church of Christ Lion Brian Hendricksen, Pres. Accuman Lions 2 & 4 Mon; 7 p.m. Sherburn Legion Lion Mark Wohlhuter, Pres.	Arshall Lion 2/4 Tues; 6 p.m. Bello Cucina's Lion Jackie Meyer, Pres. (G Tanite Fa//S Lions 1/3 Mon; 6:30 p.m. Trolley's Bar & Grill Lion Doreen Velde, Pres. Fuida Wo Festi June 17-20, 2020	Sasper Lions 3rd Mon; 7 p.m. Stonewall Bar & Grill Lion Bob Quissell, Pres. Fulda Lions 3rd Mon; 6:30 p.m. Fulda Sr Citizens Ctr Lion Dean McNeal, Pres.	Lions 4th Tues; 6:30 p.m. Lake Wilson Legion Lion Jack VanEck, Pres. Canby Lions 2nd Mon; 6:30 p.m. PK Egan's	Ard Mon; 7 p.m. Senior Center Lion Gprdpm Eichner, Pres.
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