



Local Focus
Global Impact

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For Immediate Release

**DISTRICT 1-A LIONS-HELEN KELLER
5K FUN RUN/WALK FOR SIGHT™**

(Chicago, April 10, 2011) District 1A Lions Clubs have announced plans for their annual Helen Keller 5K Fun Run/Walk. This year's event, which is open to the public, will be Sunday, May 22, 2011. at HL Richards High School, 10601 S. Central Avenue, (Oak Lawn). Race day registration begins at 7:30 a.m. with runners starting promptly at 9 a.m. and walkers at 11 a.m.

“Lions club members and friends will be joining together again this year for the District 1-A Helen Keller 5K Fun Run/Walk” taking advantage of the Wolf Wildlife scenic area route for Run/Walk.,” said Chairperson Chris Coleman. Unique to the Walk portion of the event is the opportunity for community groups - such as scouts, school clubs, booster clubs, church groups and baseball teams - to have up to 40% of the total amount of collected donations, returned for the benefit of their specific service activities.

To register on line go to the District 1-A Lions website at www.lions1a-us.org and choose “5K Walk/Run.” Registration fees for the 5K Run are \$30.00 and \$20.00 for the 5K Walk. If Walk participants raise \$50.00 or more in donations, then registration is free.

This is a timed run with awards for men and women who place, first, second and third. All 5K runners receive a T-shirt and all 5K walkers with \$50.00 or more in donations will also receive a T-shirt. All walkers will receive a participation medallion following the walk.

“As this is a family day, we are encouraging everyone to come out early to picnic, experience Beep Baseball, walk the special obstacle course for the visually impaired, get a free wellness check and browse the vendor area,” said District 1-A Trustee Dave Hansen.

All proceeds of the Run/Walk go towards funding of the District Lions Clubs Open Area's account, serving people where there is not a local Lions Club; the Chicago Lighthouse for the Blind who provides services for Veterans, infant to adult vision or hearing impaired plus provides job placement and training; and, the Lions of Illinois Foundation who provides 14 programs serving the visually and hearing impaired and handicapped sending many of them to summer camp.

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