



LA True-Blue Lions Club



Student Speakers — Contest —

**Youth Mental Health:
Overcoming Barriers to Well-Being**



Date: Sat, February 14, 2026

Time: 1:00 - 4:00 PM

Place: La Crescenta Library

2809 Foothill Blvd.

La Crescenta, CA 91214

**Contact: Lion Angel Aguinaldo
(818) 913-2663**