



Lions Clubs International  
District 4-L3



**89<sup>th</sup> Annual**  
**Student Speakers Contest**  
**AREA LEVEL**

**Youth Mental Health:**  
*Overcoming Barriers*  
*to Well Being*



**May 16, 2026 • Saturday • 4:30PM - 8:30PM**

**PDG Henrietta Paracha Tel# (310) 413-1961**  
**Myrna Averia Tel# (323) 377-6053**  
**Gerry Santiago Tel# (213) 500-1927**

**Holiday Inn Los Angeles Gateway Hotel**  
**19800 S. Vermont Avenue, CA 90502**



Only cookies, water and coffee will be served.