

Walk.Bike.Run

for a cause on
National Fitness Day

Saturday, May 3, 2025

Join us on the beautiful Zim Smith Trail between Ballston Spa, Malta & Round Lake from 9am - 3pm. This trail is open to the public and free to all. We are asking for a \$10 donation to help a cause near and dear to the local Lions Clubs— Childhood Cancer.

This non-competitive event is for fun, comradery & exercise. All participants in the fundraising will receive a souvenir gift & mileage card from the Lions.

This event is sponsored by the Lions Clubs of Region I, Zone A. Ballston Spa, Galway, Saratoga Springs, Scotia Glenville & Town of Greenfield.



Food & Refreshments will be available

For more information, email or call Lion Ed Hersh

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518-496-6162

