Northville-Sacandaga Lions to Host 5 and 10K Road Race on Oct 20.

The Northville-Sacandaga Lions Club will host its 20th annual Great Sacandaga 5 and 10K Road Race on Oct 20th, with assistance of The Fulmont Roadrunners.

The location is at the Sport Island Pub, 108 Riverside Boulevard in Northville. Race day registration will be from 9 to 10:15 a.m. with the races starting at 10:30 a.m. The entry is \$20.00 for preregistration and \$25.00 on race day. You may register online at Zippyreg.com or by contacting the Lions Club. Registration is limited to the 1st 125.

T-shirts are guaranteed if registration is received by Oct 5.

Awards will be presented to first overall male & female, and to top three, male & female, in 14 and under,15-19, 20-29, 30-39,40-49, 50-59, 60-69, and 70 and older age groups in each race.

There will be a post-race buffet featuring hot and cold entries and beverages compliments of Sport Island Pub. Non-runners may take part in buffet for \$7.

All proceeds will be used for Lions Clubs projects to help the visually and hearing impaired, for local community needs, and to help anyone in their time of need.

For information contact Keith Goodrich 518-863-4452, kgoodrich3@roadrunner.com or Dave Gifford 518-863-8046, dygiff@frontiernet.net.