

Saturday, November 3, 2018 at 9:00 am

Saratoga Springs Holiday Inn 232 Broadway, Saratoga Springs, NY 12866

Lions Club International has adopted Diabetes Awareness as a long-term commitment.
Our Lions work supports diabetes awareness, education, prevention, detection, control, and research and we will work with local community partners and national diabetes associations to promote diabetes education and awareness throughout the year.

To address this topic we have scheduled a group of dynamic presenters and sessions for our Fall Convention!

PREDIABETES AND DIABETES

This session will cover the basics of this chronic disease and set you on a path to successful selfmanagement.

Presenters for the session:

Lisa Hodgson, RD, CDN, CDE

American Association of Diabetes Educators, National Board Member and Member Affiliates Liaison; Clinical Nutrition Manager at Saratoga Hospital

Judy Carr, MS, RD, CDE, CDN

Diabetes Services Quality Coordinator, Saratoga Hospital; Dietitian/Diabetes Educator

DIABETES EYE DISEASE

People with diabetes are at risk of losing sight due to diabetes eye disease. It is the leading cause of new-onset blindness in many countries. All people with diabetes – both Type 1 and Type 2 – are at risk.

Learn about the effects of Diabetes to vision loss and the importance of a comprehensive dilated eye exam at least once a year.

Presenter for the session:

Dr. Nicole Lemanski, Ophthalmologist

Specializes in cornea & refractive surgery.

LCIF DIABETES PROGRAMS

Discussion of the initiatives of LCI to address this growing world epidemic.

Presenter for the session:

Past International Director Lion Rod Wright

LIONS INTERNATIONAL PEACE POSTER AND ESSAY CONTESTS

The theme for this year's contests is "Kindness Matters." The art contest encourages young people worldwide to express their visions of peace and the essay contest was created to offer an opportunity to visually impaired young people to express their feelings of peace. District Lions will vote to choose the respective District winners from this year's submissions.

To register your intention to attend the Fall Convention, please see page 2 or contact District Secretary Lion Rita Ware







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REGISTRATION FORM

Please share this with all of the members in your club and encourage them to attend. Everyone is welcome. If you are attending, please send the bottom part of this form and your check for \$25.00 to CS Rita Ware, 2816 Baptist Hill Rd. Middle Grove, NY 12850. Please return this no later than Friday, October 26th.

Please make checks payable to: District 20-W Lions Clubs.

<u>Hotel Reservations</u> can be made by calling the Holiday Inn at 518-584-4550. Rooms have been set aside for 11/2 and 11/3 at a discounted rate of \$119.00 per room per night. Guests can make reservations using the group code: LNW, and reservations should be made by 10/19 to take advantage of rooms being held for the group at the discounted rate.

If you have any questions, please do not hesitate to call Lion Rita at 518-882-6818 or email me at rware@nycap.rr.com

Yours in Lionism,	
Rita Ware	
Cabinet Secretary	
AttendingNot Attending email:	
Name/s: and Club:	